

ANNUAL REPORT 2023



CANADIAN ASSOCIATION
OF MUSIC THERAPISTS





MISSION

CAMT is the primary source of knowledge, information, professional development and advocacy to promote Certified Music Therapists (MTAs) and music therapy.

VISION

Supporting the health and well-being of Canadians through music therapy.

VALUES

We enrich the lives of individuals, families, and communities through music therapy.

We recognize and develop the unique potential and strengths of the clients we work with.

We maintain professional standards through MTA Certification and adherence to a code of ethics.





From the President



Hello MTAs and friends of CAMT!

It has been a privilege to serve as your president in a time of dynamic change for our organization. This year we have welcomed new board directors, new governance committee members, and a new executive director. We have adapted to new operations systems and heightened social dynamics. It has truly been a season when the strength of our association lay within the resilience of the membership. Thank you for allowing CAMT (you and I) the opportunity to learn and grow collectively

“Progress is impossible without change.”

One of the most exciting shifts this year came about after inviting the world to Canada for the 17th World Congress of Music Therapy in Vancouver, BC. During the congress, we hosted music therapists from over 50 countries to engage in an enriching and robust programme. Thank you to Pam Lansbergen (WCMT Organizer), Anita Swainson (WFMT President), Alan Lee and the ICS team, the planning committee, presenters, volunteers, and attendees for making this event a resounding success.

Following the congress, we began the process of strategic planning for the 2024-2026 season. For the first time, this process sought out input from the CAMT membership. You let us know what has been working well and what needs refocusing. This input was used to inform the goals and objectives in the upcoming strategic plan.

Although we have seen much change this year, I am confident that change is also necessary for growth. I believe there is much growth to be accomplished within the Canadian landscape of music therapy. We all play an important role in the future of this profession. Thank you for your continued dedication to this field and for deciding to build with us.

In Harmony,

Hayley Francis Cann

President, Canadian Association of Music Therapists





Board of Directors and Staff



Hayley Francis Cann
President



Emily Mostratos
President-Elect



Joel Klassen
Past-President



Sarah Van Peteghen
Treasurer/ Secretary



Stephen Williams
Director



Priya Shah
Director



Jesse Dollimont
Director



Daiva Zemaitis
Director



Robert Rathon
Executive Director



Jason Katsikaris
Operations Manager



Nick Smith
Operations Assistant





From the Executive Director



This past year was a time of achievement and change with the successful presentation by CAMT of the 17th World Congress of Music Therapy, the first in-person since 2020, a change in Executive Directors, and the announced departure of our longtime Manager of Operations. For a small organization, any one of these events would be significant. To have all three occur within the span of twelve months was particularly challenging.

Staff supported the Board as it continued its transition to a governance board, notably by advising it on points of governance, bylaws, and policy interpretation, as well as ongoing support of committee work. Strategic Planning also came into play late in 2023, with the new strategic plan being open to the membership via an initial online survey.

Operationally, 2023 saw CAMT continue to improve its systems, streamline, and rationalize its tools and procedures and generally improve its membership services. CAMT is a small organization whose members have many needs, and meeting those needs in the most efficient and timely way possible is, and will always be, a staff focus.

Creating additional revenue – such as hosting the 2023 WFMT Conference – remains a long-term prospect, but one which we must pursue. This is key, not only to the organization's sustainability, but also to our capacity to meet our members growing needs and expectations.

Finally, building our capacity for advocacy on a pan-Canadian scale can only reinforce our effectiveness as the national voice for music therapy and music therapists. And music therapy should be an easier sell to policy-makers: a telling example after a CAMT-facilitated presentation to 40 Health Canada employees by Québec MTA Erika Guittard: "Why isn't this covered by the Canada Health Act?".

As a new executive director, and one without prior knowledge of music therapy, meeting our members either in person, online or through correspondence has been a gratifying experience. MTAs must be the most committed group of practitioners I have ever met. Their love for their profession, despite all the challenges and hardships involved, stands out. As a community of practitioners, your collegiality and willingness to support your peers is truly remarkable.

It is my hope that CAMT will continue to evolve in such a way to support its members and through their activities and work, the health of Canadians

Robert Rothon

Executive Director, Canadian Association of Music Therapists





Mandate

To fulfill, in part, the mission of Canadian Association of Music Therapists (CAMT) to promote and advocate for Certified Music Therapists (MTAs) and music therapy in Canada. The Advocacy Committee (AC) is expected to provide advice on advocacy and promotional efforts and initiatives that could be taken up by CAMT

Activities

In 2023, Susan Summers stepped down as Advocacy Committee Chair and Emily Mostratos acted as interim chair for the second half of the year. Susan was (and continues to be!) an incredible advocate of music therapy in Canada. We thank Susan for her time and commitment as chair, and her continued contribution as a member of the Advocacy Committee. The Advocacy Committee held three meetings over 2023. The key items addressed in 2023 were; the 'Advocacy Committee Workplan' to continue clarify advocacy goals and subsequent recommendations and actions, expanding provincial representation within the committee, 'Music Therapy Awareness' month initiatives, and advocacy resource development for members

Highlights

The Advocacy Committee provided extensive input and feedback to the animated CAMT advertisement released in August 2023 titled "Music Therapy, It's Time To Take Note". This short animation is an engaging and valuable advocacy resource that can be utilized by the CAMT and members. Thank you to Jennifer Buchanan, Victoria Di Giovanni, and the Advocacy Committee for their hard work and expertise! The Advocacy Taskforces continued their work on creating content that will be shared with the members and the public. Resources for Neurorehabilitation, NICU and Pediatric Medical Settings, Children and Teens (non medical) are in the final stages of completion.



Chair(s)

Susan Summers
Emily Mostratos

Members

Adrienne Pringle
Alexandra Hadjis Chartrand
Cailey Dye
Laurel Young
Nick Smith
Noreen Donnell
Pam Lansbergen
Ruth Watkiss
Susan Quinn
Susan Summers
Victoria Di Giovanni
Jeffrey Hatcher

Thank you to the following taskforce volunteers covering these topics:

- Hélène Gaudreau team lead for Neurorehabilitation, and task force members Heitha Forsyth, Jesse Dollimont, Melissa Tan, and Bernice Chu.
- Tanya Lavoie, team lead for:
 - NICU and Pediatric Medical Settings: Christelle Jacquet, Laura Hastings MacLeod, Tiana Malone, Carolyn Marshall
 - Children and Teens (non medical): Katherine Deane, Daniel Kruger, Sheila Lee, Lindsay, Michelle Yaciuk



Chair(s)

Fleur Hught (MTA)

Members

Melanie Laurier-Comp (MTA)

Kiki Chang (Past Chair)

Pam Lansbergen (MTA)

Mandate

The certification committee is an advisory committee to the board for setting policy related to the MTA certification as well as providing guidance for membership parameters related to members working towards MTA certification

Activities

- Facilitated formal certification committee meetings on a quarterly basis.
- Facilitated formal educator meetings on a quarterly basis.
- The certification chair followed up intern, supervisor and educator requests and concerns related to certification and internship

Highlights

In 2023 we:

- Revised the internship guidelines and internship evaluation.
- The certification chair made recommendations to the board about ongoing certification issues and concerns.





This was my first year with the Ethics portfolio, though on reflection it has been a relatively quiet year. I would like to thank Dr. Elizabeth Mitchell for her years of service in this portfolio, working to update the Code of Ethics, revising the Complaints Investigation Procedure, and setting a helpful and professional tone for the way ethics inquiries are handled.

The updated version of the CAMT Code of Ethics continues to serve the CAMT members with guidance relating to professional behaviour. Members are encouraged to familiarize themselves with the updated Code.

In the coming year, I will work to create linkages between provincial ethics representatives and the CAMT ethics portfolio, so this work is done with less isolation and more consultation and collaboration.

As a reminder, the CAMT Ethics Chair is available for informal conversations about ethics, including situations where you find yourself unsure of the ethical next step.

Stephen C. Williams (MTA)

Ethics Chair, CAMT Board of Directors





Mandate

The Equity Committee is tasked with assisting the BoD in research, review, and development of policies and procedures related to diversity, equity, inclusion and belonging (DEIB) for CAMT as an organization and its members. The committee is also responsible for the planning, development, and delivery of DEIB educational tools and resources and examining and responding to CAMT member concerns and questions, bringing the most pertinent issues to the attention of the BoD

Activities

The Equity Committee held several formal meetings, including three with the new committee chair (June 2023 onwards). Members of the committee developed accessibility guidelines for the 2024 virtual conference, to share with the Conference Advisory Subcommittee in their preparations and brainstormed important EDI topics for a 'Speaker Series' to present in 2024-2025.

Highlights

In 2023 we:

- Discussed ways to increase CAMT's support for Disability Day of Mourning on March 1st.
- Created a document of 'Accessibility Guidelines' for virtual conferences.
- Discussed ways to respond to and support members in distress.



Chair(s)

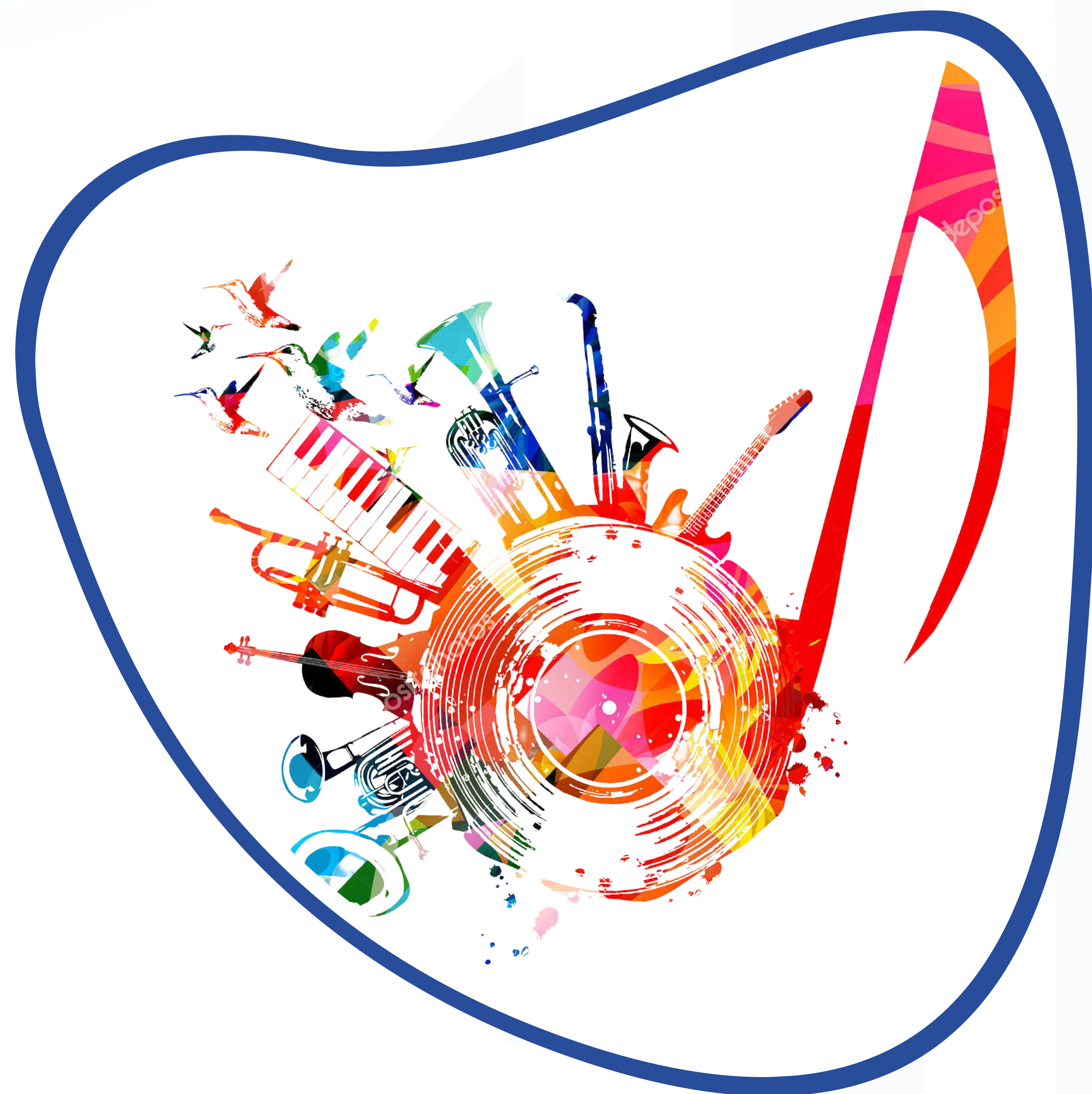
Kimiko Suzuki
(Jan-May 2023)

Priya Zalis
(June-Dec 2023)

Members

Sue Baines (MTA)
Elaine Cheung (MTA)
Amy Clements-Cortes (MTA)
Eleanor Hart (MTA)
Gloria Lipski (MTA)
Jonathan Lu (MTA)
Melody Owen (MTA)
River Stone (MTA)
Hannah You (MTA)





Chair(s)

Hayley Francis Cann (Chair)

Members

Pam Lansbergen (MTA)

Jennifer Buchanan (MTA)

Elizabeth Mitchell (MTA)

Mackenzie Costron-Li (MTA)

Miya Adout (MTA)

Elaine Cheung (MTA)

Hope Pascoe (MTA)

Cailey Dye (MTA)

Mandate

The professional development committee fosters dynamic support and resources for professional development and assesses the continuing education needs of the membership. The purpose is to fulfill, in part, the mission of CAMT to be the primary source of professional development for Certified MTAs; maintain a high standard of practice, increase revenue, and foster community

Activities

The PD committee welcomed five new members in 2023 and held three formal committee meetings. The members of the committee also held an informal meeting at the World Congress of Music Therapy in Vancouver, BC to discuss important future initiatives to support the CAMT membership.

Highlights

In 2023 we:

- Advocated for new incentives to support the CJMT Editor in Chief role.
- Added two new CE credit categories: Music Lessons and Formal Peer Supervision.
- Uploaded three new CE videos to the Member 365 portal with French translation.
- Handed the task of social media content creation and posting to the CAMT office.
- Re-introduced the #LookForTheMTA social media campaign.





CANADIAN ASSOCIATION OF MUSIC THERAPISTS

WCMT 2023 17th World Congress of Music Therapy



Reflecting, Connecting and Innovating in the Global Community.

July 24-29, 2023

Vancouver, British Columbia



Statistics

908
INDIVIDUAL
REGISTRATIONS
IN PERSON
AND REMOTE

FROM
61
COUNTRIES
INCLUDING:
355 Canada
300 US
43 Australia
41 Japan
23 Brazil
21 Spain
18 Thailand

566
ABSTRACT
SUBMISSIONS

286
INDIVIDUAL
PRESENTERS

156
SESSIONS

The most attended
being Spotlight
Session 1:
**THE FUTURE
OF RESEARCH
IN MUSIC
THERAPY:
TOPICS AND
METHODOLOGIES**
with **363**
ATTENDEES



The Exhibit and ePoster
Hall featured

27 BOOTHS/EXHIBITORS
AND A MUSICIANS
Corner for a series of impromptu concerts.

77
EPOSTERS
ATTRACTED
4614
VIEWS

The Welcome
Reception attracted
593
ATTENDEES

The After Party
attracted
255
ATTENDEES

10% of delegates
were students

29% were credentialed
Music Therapists

20% were Music
Therapist

2% were interns, with
the rest ranging
from academics
to consultants

AREAS OF
SPECIALTY
REPRESENTED

6%
NEURO-REHAB

9%
CARE

16%
MENTAL HEALTH

11%
PRIVATE PRACTICE



Provincial and Multi-Provincial Associations

(MTABC)

Music Therapy Association of British Columbia

<https://www.mtabc.com/>

(MTAA)

Music Therapy Association of Alberta

<https://www.mtaa.ca/>

(MTAS)

Music Therapy Association of Saskatchewan

<https://musictherapysk.com/>

(MTAM)

Music Therapy Association of Manitoba

<https://mtamanitoba.ca/>

(MTAO)

Music Therapy Association of Ontario

<https://musictherapyontario.com/>

(AQM)

Association québécoise de musicothérapie

<https://www.musicotherapieaqm.org/fr/>

(AAMT)

Atlantic Association for Music Therapy

<https://www.atlanticassociationmt.com/>



In Memoriam

Nancy McMaster (1946 - 2023)

Nancy McMaster was a Canadian Music Therapy pioneer.

She co-founded the first Music Therapy training program in Canada in 1976 together with Carolyn Kenny and continued to inspire and mentor Music Therapy students at Capilano University until her retirement in 2022. Nancy's clinical training was eclectic: Nordoff-Robbins, Guided Imagery and Music, and graduate studies in Music Psychotherapy at NYU.

She worked with children, teens and adults in private practice for over 46 years. An accomplished musician, she was a published author in several international books about Music Therapy and in several Music Therapy journals. Nancy passed away on May 24, 2023



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