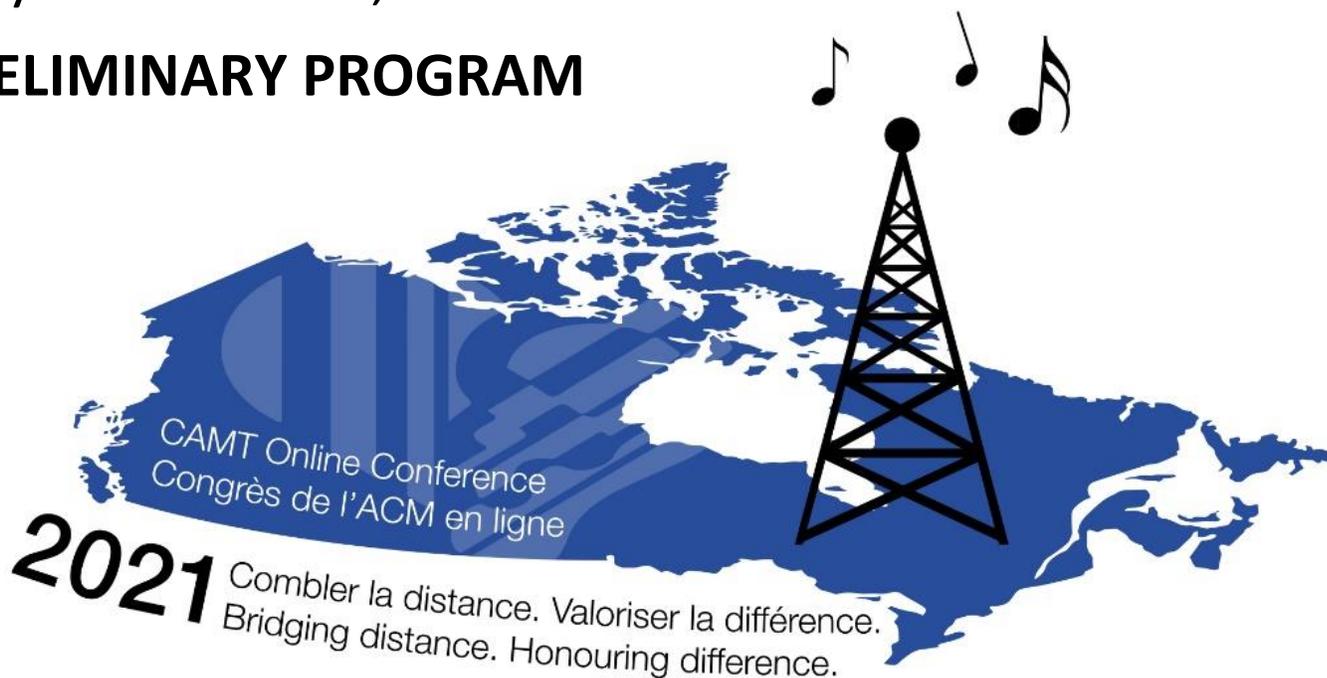


# CAMT 2021 Conference

May 29 – June 14, 2021

## PRELIMINARY PROGRAM



The CAMT 2021 Online Conference “Bridging distance. Honouring difference.” Will include 3 live online keynote presentations, 3 live online panels and discussions, 34 concurrent sessions presented as videos and released over the course of 3 weeks. Live, online social and musical events, research poster video presentations, live online presentations from Sonata Sponsors, and a variety of CAMT meetings including the AGM will also take place during the conference dates. Conference delegates will be eligible to win door prizes throughout the conference when present at the live online events.

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# KEYNOTE PRESENTATIONS

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## Opening Keynote

### **BECOMING – AND REMAINING – A MUSIC THERAPIST: A CAREER PATH UNIQUE TO EACH PRACTITIONER with DR. GUYLAINE VAILLANCOURT, PHD, MTA**

3PM ET Saturday May 29th

Why and how does one become a music therapist? As we gather to share this virtual experience from our homes, I invite every one of you to create and reflect together – through music, the arts, poetry and writing – on the unique path each of us has followed, which now sustains us in our music therapy profession. Here are a few questions to contemplate as we await our gathering next spring: How did your childhood, teenage years, adulthood and cultural baggage influence your decision to become a music therapist? What role does music play in your life? Which people have influenced your career path? What events have been memorable for you?

In what ways would you like to contribute to the profession, to causes that are important to you, to social justice? How can we, as music therapists, be there for each other? How do we stay connected despite Canada's geographic distances, which seem greater in the current pandemic? I would especially like to take some time to support the new generation of music therapists who are embarking on this journey with all their heart, their music and their yearning for an equal, diverse and inclusive society, so they can be of service to "the other". This "other" is the child, the adult, the older person whose inner beauty is expressed through music and the ties you forge together. I would also like to honour the music therapists who charted a course for the rest of us and continue to support the next generation. Your mentoring is essential. See you soon! Get your pens and paper ready for a creative presentation.



Guylaine Vaillancourt  
Opening Keynote 22-05-21  
Conférence d'ouverture

**DR. GUYLAINE VAILLANCOURT, PHD, MTA** is an Associate Professor of Music Therapy and Chair of the Department of Creative Arts Therapies at Concordia University (Montreal, Canada), where she teaches and supervises students pursuing a master's degree or doctorate in music therapy. Guylaine holds a master's degree in music therapy from New York University and a doctorate in Leadership and Changes in the Profession from Antioch University (Ohio, U.S.), and is a trainer and practitioner of the Bonny Method of Guided Imagery and Music (GIM).

Her two main research interests are arts-based phenomenological participatory action-research into community music therapy and mental health, and mentoring new music therapists. She is a member of the Arts in Health Research Collective and the PERFORM Centre for preventative health at Concordia University. Guylaine has also served as North American co-editor for the online periodical VOICES: A World Forum for Music Therapy, and as French co-editor for the Canadian Journal of Music Therapy. She has worked in Switzerland, the United States and Venezuela, and has taught in Martinique and Cuba. During her 30-year career as a music therapist, she specialized in oncology/palliative care and mental health. She is past President of the Association québécoise de musicothérapie and the Canadian Association of Music Therapists. She has also authored *Musique, musicothérapie et développement de l'enfant*, which was published in 2005 by Éditions du CHU Sainte-Justine (Montreal), and has been translated into English (Music, Music Therapy and Child Development), Italian and Spanish.

## International Keynote

### **RADICAL IMAGINING WITHIN ETHICS OF CARE**

**with DR. MARISOL S. NORRIS, PHD, MT-BC**

3PM ET Sunday June 6<sup>th</sup>

Radical imagining asserts the ability to conceive socio-political possibilities not as they are but as they could be. As a political, sensorial, and strategic act towards social justice aims, it offers opportunities for agented resistance and liberation by marginalized communities in music therapy contexts. This keynote will explore the ethical imperatives of radical imagining within music therapy. Music therapy is a vibrant profession that explores the broad and dynamic impact of musical relationship on health and well-being. Yet, the role of radical imagining and ethics of care are often diminished in practices with marginalized communities. Grappling with these realities, the keynote will amplify the freedom dreaming efforts and the calls to critically examine how music therapy practices may produce, perpetuate, reduce, and eliminate cultural harm. The speaker will discuss the radical repositioning and transformation of music therapy and explore opportunities for building connections that uphold justice and equity in our work.

**DR. MARISOL S. NORRIS, PHD, MT-BC** is a board-certified music therapist, critical arts therapist educator, and founder of the Black Music Therapy Network, Inc. Her music therapy clinical and supervisory experience has spanned medical and community health settings and includes work with adult psychiatric and dually diagnosed populations, adolescents facing homelessness, families within the city court system, and medically fragile children. These experiences have profoundly contributed to her critical, culturally sustaining lens of music therapy theory and praxis and her dedication to expanding the understanding of Black clients' aesthetic music and health experiences. Her current research focus includes discursive construction of race in music therapy theory and praxis, the role of cultural memory and aesthetics in client and therapist meaning-making processes, pedagogical approaches to culturally sustaining healthcare training and practice, and arts-based frameworks for healing justice within Black communities.



Marisol Norris  
International Keynote 30-05-21  
Conférence internationale

Marisol will be joining the College of Nursing and Health Professions' Creative Arts Therapies Department at Drexel University as Director of Music Therapy and Assistant Clinical Professor winter 2021.

## Closing Keynote

### **OH CANADA! FINDING THE "CANADIAN MUSIC THERAPIST" IDENTITY**

**with ADRIENNE PRINGLE, MMT, RP, MTA**

3PM ET Saturday June 12<sup>th</sup>

As Canadian music therapists, we intuitively know that music is intrinsically healing. For many of us, this career is our calling and the work, our passion. This shared passion bridges us to one another across our vast Country where we are separated by physical distance and valued differences. Although "socially distanced" and apart, over the past year we have joined together, determined to support and learn from one another. We continue to support Canadians with music therapy during the global pandemic. In reflecting upon the journey that led me to where I am today, you will also be invited to reflect upon your own journey, and guided to identify your passion. We are more alike than different, and together we can discover our voice, our connection, our shared passion and our identity as Canadian Music Therapists.



Adrienne Pringle  
Closing Keynote 05-06-21  
Conférence de clôture

**ADRIENNE PRINGLE, MMT, RP, MTA** is the Co-Founder and Director of Beyond the Studio and the Sing it Girls!® program. She is a Registered Psychotherapist (CRPO) and Certified Music Therapist, MTA (CAMT) with 20 years of experience working as a therapist, music educator, lecturer, practice leader, entrepreneur, clinical supervisor, consultant and performer. She is a past President of the Canadian Association of Music Therapists (CAMT) and past Music Therapist at The Credit Valley Hospital and Carpenter Hospice. In addition to Beyond the Studio, Adrienne divides her time between private practice as a Psychotherapist with CHM Therapy, contracting with Concordia and Wilfrid Laurier University, supervising undergraduate and graduate student practicum, and professional supervision. Adrienne is a Reiki practitioner and she completed her Bachelor of Arts Honours Music (voice), Mount Allison University (1997), Honours Bachelor of Music Therapy (1999) and Master of Music Therapy (2003) and CBT Certificate (2019) at Wilfrid Laurier University (2003). Adrienne created the Singing Well bereavement program, her research conducted in collaboration with Dr. L Young and Concordia University is published in Bereavement Care. Adrienne is a proud east coaster, growing up and studying voice, piano and choral singing in Halifax. Currently she resides in Burlington Ontario with Travis and they stay active keeping up with their teenagers, Bailey & Alec.

## LIVE PANELS AND DISCUSSIONS

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### CONVERSATIONS ON EQUITY 2021 - HOSTED BY THE EQUITY ADVISORY COUNCIL

1:30PM ET Sunday May 30th



The Equity Advisory Council will provide a space where music therapists and students/interns can discuss issues of equity that directly pertain to their professional field. “Conversations on Equity 2021” will take place over a one-hour period. After a brief introduction, conference attendees will have the option to attend two of four 20-minute breakout sessions. Each breakout session will have a specific topic related to equity in music therapy and be moderated by members of the EAC. The moderators will facilitate dialogue, implement parameters for the co-creation and maintenance of a safe and equitable space, and provide additional resources and current research that attendees can use moving beyond these conversations.

There will be four breakout sessions offered at this conference. These topics were chosen in response to the Equity in Music Therapy Forum that occurred in 2020.

1. What is cultural humility and equity in music therapy?
2. Using music from different cultures and contexts in therapy
3. Equity and virtual music therapy
4. Creating an anti-oppressive space in therapy

After the breakout sessions are completed, all attendees will reconvene and be asked to provide feedback to inform future “Conversation on Equity” sessions. In honour of the CAMT 2021 Conference topic, “Bridging Distance. Honouring Difference,” we hope that “Conversations on Equity” will empower therapists to connect across different experiences in equity and engage in conversations that will bridge the divide in our knowledge of what equitable practice in music therapy can be.

## **MUSIC THERAPY RESEARCH IN CANADA: BRIDGING DISTANCES AMONG SYSTEMS, KNOWLEDGE, AND PRACTICE.**

1:30PM ET Saturday June 5<sup>th</sup>



As the number of certified music therapists (MTAs) practicing in Canada continues to rise and awareness of music therapy becomes more widespread, the demand for evidence to ‘prove the value’ of what we do seems greater than ever. However, this demand also reveals disconnects among research funding systems, ‘real world’ practice contexts, and the different types of evidence (or knowledge) needed to foster the evolving role of music therapy within a diverse Canadian society.

This panel will feature several music therapy researchers from across Canada who bring unique experiences and perspectives to the table. They will each share a bit about their own research backgrounds and interests, highlight discoveries, inspirational moments, and challenges, and express their hopes for the future of Canadian music therapy research. More importantly, they want to engage with you—the virtual audience. They want to address your questions and hear your ideas about what kinds of music therapy research we should be doing in Canada and why. Moderated by the Canadian Journal of Music Therapy Editor-in-Chief Dr. SarahRose Black, this interactive panel promises to be a dynamic discussion on key issues that may serve as an impetus for moving forward with a strong Canadian music therapy research agenda.

## **CLINICAL ETHICS: EXPLORING OUR RELATIONAL OBLIGATIONS**

1:30PM ET Saturday June 12<sup>th</sup>



CAMT’s Code of Ethics and practice guidelines exist to guide ethical decision-making within therapeutic, professional, and community relationships. This past year has, for so many of us, brought new and complex challenges and questions. These questions, in turn, have prompted us to consider how to best to serve our clients and contribute to eradicating widespread injustice. At times, and for some of us, this has meant unlearning what we thought we knew and transitioning to new ways of practicing, along with new ways of

thinking and speaking about our practice. This panel, consisting of current and past CAMT Ethics Chairs and the current MTABC Ethics Chair, will centre our ethical obligations to our clients and the public while exploring themes of relevance to the ethical issues CAMT members are experiencing today.

Panelists will examine issues surrounding ethics in business practice with a focus on client experience and right of choice surrounding the services they receive. The concept of music therapy (mis)representation will be explored, recognizing that while music therapists play a unique and vital role in healthcare, it is also imperative that we ally with the work of other music practitioners in support of the public's right to access music. Ethical issues pertaining to the COVID-19 pandemic will be considered, including those surrounding both in-person and virtual music therapy service delivery. Finally, our mandate to work in allyship with equity seeking groups will be recognized, promoting equity and social justice as ethical imperatives for all music therapists.

## SCHEDULE

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Dates for social and musical events, CAMT meetings, Sonata Sponsor presentations and research poster presentations will be shared later in the spring.

### **Saturday May 29<sup>th</sup>**

#### [OPENING KEYNOTE](#)

12PM PT - 1PM MT - 2PM CT - 3PM ET – 4PM AT – 4:30PM NT

#### [ANNUAL GENERAL MEETING](#)

1:30PM PT - 2:30PM MT - 3:30PM CT - 4:30PM ET - 5:30PM AT - 6PM NT

### **Sunday May 30<sup>th</sup>**

#### [CONVERSATIONS ON EQUITY 2021](#)

10:30AM PT – 11:30AM MT – 12:30PM CT - 1:30PM ET – 2:30PM AT – 3PM NT

### **Monday May 31<sup>st</sup>**

#### [CONCURRENT SESSION VIDEOS RELEASE # 1](#)

### **Saturday June 5<sup>th</sup>**

#### [MUSIC THERAPY RESEARCH IN CANADA: BRIDGING DISTANCES AMONG SYSTEMS, KNOWLEDGE & PRACTICE.](#)

10:30AM PT – 11:30AM MT – 12:30PM CT - 1:30PM ET – 2:30PM AT – 3PM NT

### **Sunday June 6<sup>th</sup>**

#### [INTERNATIONAL KEYNOTE](#)

12PM PT - 1PM MT - 2PM CT - 3PM ET – 4PM AT – 4:30PM NT

### **Monday June 7<sup>th</sup>**

#### [CONCURRENT SESSION VIDEOS RELEASE # 2](#)

### **Saturday June 12<sup>th</sup>**

#### [CLINICAL ETHICS: EXPLORING OUR RELATIONAL OBLIGATIONS](#)

10:30AM PT – 11:30AM MT – 12:30PM CT - 1:30PM ET – 2:30PM AT – 3PM NT

#### [CLOSING KEYNOTE](#)

12PM PT - 1PM MT - 2PM CT - 3PM ET – 4PM AT – 4:30PM NT

### **Monday June 14<sup>th</sup>**

#### [CONCURRENT SESSION VIDEOS RELEASE # 3](#)

# REGISTRATION

<b>REGISTRATION FEES FRAIS D'INSCRIPTION</b>	<b>Until to March 15, 2021 Jusqu'au 15 mars 2021</b>	<b>After March 15, 2021 Après le 15 mars 2021</b>
CAMT Student and Intern Members Membres étudiants et internes de l'ACM	\$0.00 0,00 \$	\$0.00 0,00 \$
Students (non members) Étudiants (non-membres)	\$99.00 99,00 \$	\$129.00 129,00 \$
CAMT Members Membres de l'ACM	\$129.00 129,00 \$	\$149.00 149,00 \$
Non-Members Non-membres	\$149.00 149,00 \$	\$169.00 169,00 \$
Keynote Presentations Only Seulement les conférences principales	\$69.00 69,00 \$	\$69.00 69,00 \$
Concurrent Sessions Presentations Only Seulement les séances simultanées	\$69.00 69,00 \$	\$69.00 69,00 \$



[Click here to register](#)

## ABOUT THE CONTENT SHARED AT THE CAMT CONFERENCE

This work appears as part of the Canadian Association of Music Therapists' initiatives in continuing education. It aims to provide information and opinion which will assist music therapists in maintaining and enhancing their competence. It does not, however, represent or embody any official position of, or statement by, the Canadian Association of Music Therapists (CAMT) except where this may be specifically indicated; nor does it attempt to set forth definitive practice standards or to provide legal advice. The material contained herein is intended to be used thoughtfully, as nothing in the work relieves readers of their responsibility to consider it in the light of their own professional skill and judgment. The CAMT accepts no responsibility for any errors or omissions, and expressly disclaims any such responsibility.



# CONCURRENT SESSION PRESENTATION TITLES

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- AIM for success - collaborative programming for children with Down Syndrome
  - An Open-Group Music Therapy Program Design for Asylum-Seeking Prenatal Women
  - Back to Bach! Using Baroque Compositions as Inspiration for Clinical Improvisation/Interventions
  - Befriending Your Woundedness: Bridging Parts of the Self and Therapist Identity
  - Benefits of intergenerational music therapy in long-term care
  - Biological, Physiological & Psychological Data to advocate Music Therapy for Proactive Wellness
  - Blown Wide Open- a music therapist's journey of quadruple bypass open heart surgery
  - Dialogic Moments in Joint Improvisation: between Client and Therapist and between Two Jazz Musicians
  - Focusing oriented expressive arts (FOAT<sup>®</sup>): a taster session
  - Honouring Diversity: Building & Supporting the Global Music Therapy Community
  - Improvisation: The art of letting go and reconnecting with the present.
  - Non-idiomatic creation in Music Therapy – Develop listening skills, reflect upon our world *\*French Presentation*
  - Landscape of Hope: The Power of Pluralistic Artistic Dialogues Against Systemic Discrimination
  - Mindfulness and the Music Therapist
  - Music for Integration- A Case Study in Scottish Inclusive Primary Schools
  - Music Therapy Telehealth Practice: Bridging Distance through Technology and New Skills
  - Music Therapy with Jewish Older Adults: Exploring Diversity and Cultural Competence
  - Music Therapy and premenstrual syndrome (PMS) *\*French Presentation*
  - Online Music Therapy for Adolescents With Psychosocial Needs
  - People Get Ready: Mobilizing Musical Resources to Transform Prison Culture
  - Practical Diversity, Inter-cultural music making in health care
  - Providing music therapy on inpatient mental health units during the COVID-19 pandemic
  - Reaching the Hard-to-Reach: Creating Inclusion and Belonging through Community Music Therapy
  - Remote Music Therapy Tools for Connecting with Clients with Autism
  - Resource-Oriented Online Music Therapy for Informal Caregivers: A Qualitative Exploratory Research Project
  - Sounding the Pain: Exploring a Feminist Group Music Therapy Approach for Women with Contested Chronic Pain Conditions
  - Telehealth Delivery of the Bonny Method of Guided Imagery and
  - Telehealth Music Therapy for Clients with Autism: Challenges and Benefits
  - The Benefit of Music Therapy Fellowships in Canada
  - The Harmony On Track Virtual Music Therapy Clinic: Thriving While Surviving
  - The Transformation of Entrainment: Online Co-therapy During Lockdown
  - Thinking With, Not About, Disability: It's #KeyToOurHealth!
  - What Do I Value? (Investigations of a music therapist)
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