



Canadian Association of Music Therapists
Association canadienne des musicothérapeutes
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CAMT ANNUAL REPORT March 2018 – February 2019

Executive

- 2018 - 2019 has been another year of growth, change and progress toward meeting the mission of CAMT which is ***to create strong certified Music Therapists (MTAs) and foster awareness of professional music therapy services throughout Canada.***
- The work of the organization is guided by our strategic plan which includes the following 4 areas of focus:
 1. **CERTIFY:**
Build strong certified music therapists (MTAs).
 2. **DEVELOP:**
Provide services to build and strengthen certified music therapists (MTAs).
 3. **CONNECT:**
Be the long thread that connects certified music therapists (MTAs) across our vast country.
 4. **ADVOCATE:**
Be the voice of certified music therapists (MTAs) in Canada.
- The Board of Directors has continued to navigate through the recent change to the organization structure (having a smaller board) and identifying ways to help the organization run as efficiently as possible.
- The executive has been focused on the following items:
 - Developing and launching a member satisfaction survey to identify the needs of our current members
 - Exploring the possibility of hosting the World Congress of Music Therapy in 2026
 - Updating and developing new resources for the orientation and support of our volunteers
 - Identifying new volunteer roles within the organization
 - Updating our organizational documents including but not limited to the CAMT Job Descriptions and the CAMT Policies and Procedures
 - Guiding the work of the conference committee
 - Supporting the work of our publications editors
- CAMT is run by a volunteer Board of Directors and we would like to thank all of those involved for the endless hours of dedication they provide to make CAMT a member service focused organization.

Financial

- CAMT's office in London, Ontario, is run by one full-time employee. A part-time contracted office assistant also works for the organization remotely.
- In the summer of 2018, CAMT transitioned to using a professional bookkeeping service in London, Ontario and has now accessed the services of an accounting firm in Toronto, Ontario rather than the one we previously engaged with in St. John's, NL.
- This move was in line with keeping our financial service providers within a close geographic proximity to CAMT's Treasurer.
- At the time of this report CAMT has a healthy reserve fund and the financial means to keep the Association moving forward.
- Membership fees remain CAMT's main source of revenue and the overall operation of the office and payment of staff continue to be the main expense
- The Year-End Review completed by contracted accountants ensures the accuracy of CAMT's financial records each year.
- The summary of the financial review of CAMT's 2018 books can be found at the end of this report.

Office

- With oversight from the CAMT Executive, Pam Lansbergen, CAMT's Manager of Operations, continues to coordinate all day-to-day business of the association from the head office in London, Ontario as well as supporting the work of the Board of Directors. Some of the tasks assigned to Pam include: coordinating with CAMT's vendors, leading the conference planning, handling CAMT's social media presence and organizing CAMT's Music Therapy Awareness Month efforts.
- Volunteer Social Media Content Collector, Sophia Christopher assists Pam in the planning of content to be used on CAMT's social media platforms and has been in this role since May 2018.
- In May of 2018, Susan Dill resigned from her position as the CAMT Office Assistant and in July of 2018 Kendra Du Val was hired to fill this contract position remotely from her home in Winnipeg, MB. The vast majority of the Office Assistant's duties are related to processing internship and certification items.

Membership

- As of March 31st, 2019 CAMT, has 1,106 members across 9 membership categories.
- 82% of these memberships have already been renewed for the year.
- 830 CAMT members are Certified MTAs

Conference

- The Conference Committee has been hard at work for months preparing a high-quality professional conference for CAMT members at the DoubleTree by Hilton Gatineau-Ottawa in Gatineau, QC.
- Early planning began last summer with a small Steering Committee before a full Conference Committee was activated under the leadership of Pam Lansbergen, Lara Robinson and Emily Carruthers (Conference Lead and Co-Leads).

- The conference committee is pleased to share that this year, the 3 keynote presentations will include simultaneous language interpretation.

Publications

In 2018 and 2019, the role of supporting CAMT's publications volunteers has been shared by the Executive, the Continuing Education Chair, the Ethics Chair and the Manager of Operations. The Board of Directors has decided to reinstate the role of Publications Chair starting with the 2019 elections to have a single person who is dedicated to supporting these volunteers.

- CJMT: Editor-in-chief Sue Baines worked with French Editor Guylaine Vaillancourt and the rest of the journal team to produce Vol. 24 of CJMT. This issue was published in late December and distributed in early January. CAMT has recruited a committee of volunteers to tackle preparations to move the CJMT to open access under the direction of CAMT Continuing Education Chair, Tiana Malone.
- ENSEMBLE: Editor Gloria Lipski has been working to connect with members. 2 issues of Ensemble were distributed in 2018 with articles featuring MTs from around the country with a wide variety of topics. Issue 2019-2 will be Gloria's last issue as editor of ENSEMBLE. CAMT will be recruiting a new editor for ENSEMBLE in the summer of 2019. CAMT is grateful to the work Gloria did on this publication between 2017 and 2019.
- MTAdvocate: Editor Danna DaCosta continued to produce quarterly issues of this e-newsletter outlining new music therapy research and publications throughout 2018 and the beginning of 2019. Danna has resigned from this role and CAMT will be recruiting a new editor of MTAdvocate in the summer of 2019. This newsletter is sent to CAMT's non-clinical members and other interested parties. CAMT is grateful to Danna for the work she did on this publication between 2015 and 2019.
- Research Committee: Made up of Guylaine Vaillancourt and Danna DaCosta, this committee continues to update the CAMT Member Research Index found on the CAMT website as well as planning more website additions that will support members seeking both to conduct music therapy research and to access music therapy research.

Advocacy

- The first two advocacy task forces were established and have completed their mandated work – to create a FAQ sheet, a list of relevant conferences and events, a PowerPoint to be used by CAMT members and a list of partnering organizations for CAMT to follow up.

Thanks to the dementia task force:

Steffi Ching (team lead)
Dr. Amy Clements-Cortes
Dr. Alpha Woodward

John Lawrence
Paulette Kydd;

and the mental health task force with:

Erin Bird (team lead)
Fleur Hughes

Melody Newcomb
Jennyfer Hatch.

The resources are on the CAMT website for use by CAMT members in the secure member's area on the newly created "Advocacy Resources" page.

- The next two task force RFP's will be sent out this spring for Autism Spectrum Disorders and palliative/hospice care, inviting MTA's who work in those areas to apply and work together to create the resources for those populations. The last three task forces will be convened in 2020 for neurological disorders, NICU/children and developmental disabilities.
- An advocacy advisory council was established whose members will be consultants for the CAMT Advocacy Chair and the board in all aspects of advocacy.

Government Regulations

- CAMT continues to dialogue with provincial and national representatives involved in developments concerning government regulation. There has also been much effort to align the priorities of the CAMT with the shifting landscape for music therapy practice in Canada.
- The government regulation committee consists of reps from each province and continues to update each other with developments in each province
- Regulation was approved in Alberta through a working partnership with FACT-AA and in New Brunswick through FACT-NB. Groups are meeting in Manitoba (FACT-MB), in Newfoundland (FACT-NL) while FACT-BC is meeting with the Ministry of Mental Health and Addictions to pursue draft legislation.
- There will be a meeting of interested parties at the CAMT conference in Gatineau.

Certification

The Certification domain is comprised of the following portfolios: Internship, Certification, and Education. Updates for each portfolio are provided below:

Internship

- Based on feedback from students, educators, and internship supervisors, the CAMT internship proposal form was most recently updated in September 2018 to streamline the approval process. Internship proposals must be sent to the CAMT Office at info@musictherapy.ca no later than 2 weeks from the commencement of the internship.
- The CAMT internship guidelines were also updated in September 2018 to reflect the changes made to the internship proposal approval process.
- The CAMT internship registry is updated by the CAMT office on a quarterly basis and was last updated in January 2019. Supervisors may submit changes to their listings at any time throughout the year, using the template available on the CAMT website. These are to be sent to info@musictherapy.ca.
- As internship-related documents are updated throughout the year, CAMT would like to remind its members to visit the website at www.musictherapy.ca whenever they need to access such documents to ensure they are using the most up-to-date version. Outdated versions of internship-related documents will not be accepted by the CAMT office.
- There were 95 interns completing internships across Canada over the past year and 26 MTAs completed the online CAMT Level One supervision training course.

Certification

- In August 2018, CAMT certified MTA #1000! Currently, 830 CAMT members are certified MTAs. Since the 2018 AGM, CAMT has certified 73 new MTAs.
- The CBMT exam candidate handbook and the CBMT self-assessment examination (aka practice test) have been translated into French. The handbook is available in both English and

French in the members area of the CAMT website on the Internship and Certification page. The French version of the CBMT SAE will be available to CAMT members within the next few months. An update will be sent to CAMT members once it becomes available.

Education

- CAMT continues to facilitate the development of a scope of practice document in partnership with Canadian music therapy educators. While this work continues, please refer to the joint AMTA-CBMT music therapy scope of practice document, which CAMT has received permission to use on our website here:
<https://www.musictherapy.ca/about-camt-music-therapy/about-music-therapy/>
- CAMT has been communicating with academic institutions who have expressed interest in developing music therapy education programs. As a result, the CAMT standards and procedures for the approval and review of music therapy education programs are being updated by a committee comprised of Stephen Williams and Dr. Laurel Young.

Continuing Education

- Congratulations to the following recipients of CE Bursaries from July 2018 and January 2019:

L'association québécoise de musicothérapie	Katherine Lowings
Kelly-Anne Vander Meer	Christelle Laforme
MTABC	Ruth Roberts
Coleen Kehler	Meaghan Jackson
Sarah Kroeker	Marie-Fatima Rudolf
Pierrette-Anne La Roche	MTAM
Samantha Borgal	Sheila Lee
Alissa Dueck	Sheila Killoran
- The annual CE review was completed with the assistance of 2 volunteer members.
- The CAMT bursary committee completed their revision of the CE bursary submission guidelines, and the new application has been in use for the past two rounds of bursaries. The new application has vastly improved consistency in the applications submitted and reduced the number of incomplete or invalid applications.
- The Gary Ansdell Keynote from the 2018 CAMT conference was recorded, edited, transcribed, translated into French and subtitled. The CAMT board has decided to make this video free for members to access online. We are currently working on the most effective delivery mode for this content. Keynotes from the 2019 conference will also be videoed and receive similar treatment.
- The CJMT Open-Access project is currently underway with a committee of 3 volunteer members working to create a report for the Board outlining options and costs for moving the CJMT to an open access platform.

Ethics

- The Ethics Chair has provided support over the past year to multiple individuals related to concerns about clinical ethics and to non-clinical aspects of professional practice. Aimee Berends and Samantha Borgal continue to provide leadership to the professional practice committee. They have completed a significant piece of foundational research and have now

begun working on the next phase of the project related to establishing resources that will support MTAs with the non-clinical aspects of private and professional practice.

- CAMT has established a practice consultant position that will aim to provide guidance to members with all non-complaint related enquiries. We are currently working toward orienting a candidate to this position.
- Under the leadership of Susan Summers and Noreen Donnell, a comprehensive set of guidelines for the ethical promotion of music therapy was completed. These have been translated and are available to the membership on the member's homepage of the member's section of the CAMT website.
- We continue to move forward with projects such as the completion of the changes to our disciplinary and appeals procedures in order to streamline and modernize our processes. We hope this work will be completed this year.
- The Ethics Chair has begun discussions related to the revision of the code of ethics, and we have a preliminary team of people assembled to begin this important project.
- We have established a committee position to enable CAMT to respond in a timely manner to concerns about non-certified individuals advertising music therapy services. We hope to have someone in this position by September of 2019.

CAMT Board of Directors and Employee 2018 – 2019

PRESIDENT – Elizabeth Eldridge, MTA

VICE PRESIDENT – Lara Robinson, MTA

SECRETARY/TREASURER – Miya Adout, MTA

ADVOCACY CHAIR – Dr. Susan Summers, MTA

CERTIFICATION CHAIR – Kiki Chang, MTA

CONTINUING EDUCATION CHAIR – Tiana Malone, MTA

ETHICS CHAIR – Dr. Cynthia Bruce, MTA

MANAGER OF OPERATIONS (employee) – Pam Lansbergen, MTA

Provincial Association Reports

AAMT

2018 was a great year for the AAMT! Our updates are as follows:

- **Membership:** The AAMT currently has 60 members in total. This includes MTAs, students, and interns.
- **Conference:** The 2018 AAMT Regional Conference was held at Acadia University with 68 conference attendees. Students, interns, and MTAs were all in attendance. We had an excellent keynote speaker, Jenelle Duval from St. George's, NL, who spoke about how First Nations traditions promote health and wellness. There were also four other presentations throughout the day from MTAs located throughout the Atlantic Provinces.
- **Continuing Education:** The AAMT disbursed three CE bursaries and two student bursaries in 2018. An internship bursary has been added to our 2019 budget. We are hoping to offer a webinar to our members in June 2019 and a workshop before our conference in October 2019.
- **Board Elections:** The AAMT welcomed new board members this year as the previous two-year terms ended. This marks a shift in policy for the AAMT, as board terms are now for two-year terms. Board members for the 2018-2020 term include: Lindsay Anderson, Emma Barss, Sarah Bell, Danielle Jakubiak, Jessica LaRonde, Katherine Lowings, Alexandra Moir, and Paige Morrissey. Four of these members are returning and four are new. Overall, this transition went well, and we hope to continue with two-year terms into the future.
- **Social Media:** The AAMT has stepped up our social media campaign to help create awareness and advocacy for music therapy in the Atlantic provinces. We continue to work to keep our website up to date as well as our Facebook page. We have created an Instagram account as well.

The AAMT continues to grow and develop as a strong force of advocacy and awareness for music therapy in Atlantic Canada. The AAMT board looks forward to supporting all AAMT members in the 2019 year.

Katherine Lowings BMT MTA
AAMT President

AQM

In the past year, AQM has been very active in various aspects. Administrative changes were made as Tanya Lavoie's presidency came to an end after many years of service.

We have since finished updating AQM's pamphlet with new colors, new designs, and updated information on Music Therapy in Quebec. AQM will also update its website in the next few years.

AQM has offered several workshops and presented yet another edition of its biannual conference with the participation of 33 members this year. We are very thankful for CAMT's help for this event.

AQM's salary scale, a document that has been in the works for over a year, is now finished and has been communicated to our members. Along with it, a document to the intention of employers has also been completed for music therapists fighting to gain access to their patient's files in various settings. We hope to translate these documents to English in the next year.

AQM's partnership with the Association of Naturothérapeutes du Québec (Québec Association of Nature Therapists) has also been re-evaluated and has not been renewed this year as it was

communicated to us that music therapists would have to identify as natural therapists to acquire a membership with this association. AQM deemed this unethical and ended the partnership.

Music Therapy in Quebec has also seen a few more players appear with the creation of the National Music Therapy Institute. AQM is welcoming of this initiative to create more and better jobs for music therapists in Quebec. AQM has gladly acquired a membership with the Institute, hoping to collaborate to create solid grounds to promote music therapy.

Charles-Antoine Thibeault, MA, MTA
President, AQM

MTAO

This year has been great for the Music Therapy Association of Ontario as board members, regional reps, and other volunteers have not only been able to sustain their quality of work and success that was gained in the previous year but have exceeded expectations and raised standards. Thank you for your efforts.

Once again our annual MTAO conference and AGM and SISC conference were well-attended and included relevant and engaging presentations and discussions. We were able to offer a free pre-conference workshop for MTAO members called Bouncing Back - How to Reset and Restore. We were also pleased to host the 2nd business skills webinar seminar series for MTAO members in the month of November.

We were very excited to add Cosmos Music as one of our Membership Perks providers! MTA-MTAO members can now enjoy discounts on instruments and other music related items both online and at the physical store in Markham.

In order to increase music therapy awareness to the public, the MTAO provided support and information at the Many Hands, Doing Good launch event which was attended by 800 people. We also partnered with High Notes Avante Productions in November for an event called Music as Therapy Mental Health at the Heintzman House in Thornhill. Both events were well-attended and we were able to direct individuals to the MTAO website to find a music therapist in their area. During the month of March, we launched an advertising campaign with On-The-Go, which featured an article and advertisement in their magazine (120,000 copies) and a 5-second advertisement videos on their screens on the Toronto PATH and at Gateway Newsstands across Ontario (reaching 125 000 people per day)!

Our big document project for this year was updating the by-laws and we are happy to be in the final stages. For the upcoming year we will be putting together a committee to review and update the MTAO fee schedule so stay tuned for more information if you would like to be part of that project. We are also looking for a candidate for the Government Issues Chair so if you are interested please let the MTAO know.

The MTAO board would like to continue to support our members to the best of our ability and always welcome suggestions, feedback, and volunteers for various projects and events.

Respectfully submitted by,
Julia Beth Kowaleski, MA MTA NMT

MTAS

This past year the MTAS board has been working on a few initiatives and has instituted a work day once a year. The yearly work day has seen our advocacy campaign gain some traction and we are continuing to build our member services.

MTAS has been a part of the FACT-SK committee which recently has seen some exciting developments. We anticipate some positive forward movement in the area of regulation in Saskatchewan in the upcoming year.

At our AGM and continuing education day in September the focus was on partnering with music therapy and we really enjoyed exploring how we can partner with other disciplines.

Looking forward to another great year growing music therapy!

Lana Wilkinson, MTA
President, MTAS

MTAA

In December 2018 Royal Assent was granted to create a "College of Counselling Therapy for Alberta". This new College will regulate Counselling Therapists, (including Music Therapists), Addiction Counsellors, and Child and Youth Care Counsellors. The College is projected to open within the next year and a half. See www.mtaa.ca for infographics and detailed information.

It's been a big year for MTAA:

- Great attendance at our Continuing Education Day with Sherryl Sewepagaham speaking on Indigenous Music Therapy, and Jenny Plume speaking on Music Therapy for Children in Hospital Setting and leading a Songwriting workshop. Join us at our next CE day in September 2019!
- Developing a Continuing Education Private Facebook group to provide a space for members to share resources and remain connected and updated on CE opportunities throughout the year.
- Sound Connection Newsletter: "Collaboration"
- Educating the public and responding to cases of misrepresentation as educational opportunities to promote Music Therapy and the role of MTAs in Alberta.
- Connecting clients and music therapists through 219 job requests, across 9 Alberta locations.
- Growing our MTAA board and restructuring our board year, to successfully combine our AGM with the CE day. Keeping student memberships affordable at \$15 dollars per year.
- Advocating for regulation of the profession of Music Therapy and planning for the new College of Counselling Therapy.
- Fundraising with Music Heals to help fund enhanced hours for Alberta music therapy programs.
- Reaching out to potential members and students and promoting Music Therapy courses taught by local MTAs across Alberta.

MTAA thanks all board and committee members for their wonderful work and commitment to MTAA and the profession of music therapy! Special thanks to Susan Summers, CAMT Regulation Rep., for her immeasurable support this year on our journey towards regulation for Music Therapy in Alberta.

If you have question about Music Therapy in Alberta, or are moving to Alberta to practice, please contact us at info@mtaa.ca.

Sheila Killoran MA, MTA, FAMI
President, Music Therapy Association for Alberta

MTABC

I would like to extend a heartfelt thank you to everyone on the board for all their wonderful energy and commitment to the MTABC.

Tasks Completed for the year:

- The MTABC has current membership of 178 members after our 2018 membership renewal drive
- Mary Cobham and Carolyn Neapole joined the board as the Professional Services Director and Treasurer respectively
- Published 4 issues of the Drumbeat newsletter to the membership
- Hired a new administrative assistant to the board, Lori Johnson
- Continued support of the FACTBC mission to achieve regulation of counseling therapists
- Hosted a CE workshop on drumming for the membership
- Completed an Employment and Advocacy Survey of our membership

Events:

- Hosted the 2018 MTABC annual conference with Dr. Laurel Young as the keynote speaker which was well attended by over 90 members
- Supported Music Heals in its annual fall fundraising gala
- Members of the board participated in the annual Ride for Music Therapy and represented the field at the event

Goals for the future:

- The board attended an afternoon strategic planning meeting in the fall to plan out the MTABC vision through to 2020/2021. Goals include:
 - Establishing a Volunteer Sign Up and Acknowledgment Program
 - Reviewed the board positions and considered leadership training as an incentive to join the board
 - Put forward ideas to initiate sponsorship plan to support the MTABC
 - Discussed the possibilities of a group health plan
 - External Relation and Advocacy have a plan to work together to promote awareness, education and job creation initiatives in the community with specific focus on the autism community

Katherine Deane BMT, MTA
President MTABC

INDEPENDENT PRACTITIONER'S REVIEW ENGAGEMENT REPORT

To the Members of Canadian Association of Music Therapists / Association canadienne des musicothérapeutes

We have reviewed the accompanying financial statements of Canadian Association of Music Therapists / Association canadienne des musicothérapeutes which comprise the statement of financial position as at December 31, 2018 and the statements of operations and changes in net assets and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Practitioner's Responsibility for the Financial Statements

Our responsibility is to express a conclusion on the accompanying financial statements based on our review. We conducted our review in accordance with Canadian generally accepted standards for review engagements, which require us to comply with relevant ethical requirements.

A review of financial statements in accordance with Canadian generally accepted standards for review engagements is a limited assurance engagement. The practitioner performs procedures, primarily consisting of making inquiries of management and others within the entity, as appropriate, and applying analytical procedures, and evaluates the evidence obtained.

The procedures performed in a review are substantially less in extent than, and vary in nature from, those performed in an audit conducted in accordance with Canadian generally accepted auditing standards. Accordingly, we do not express an audit opinion on these financial statements.

Conclusion

Based on our review, nothing has come to our attention that causes us to believe that these financial statements do not present fairly, in all material respects, the financial position of Canadian Association of Music Therapists / Association canadienne des musicothérapeutes as at December 31, 2018, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Other Matter

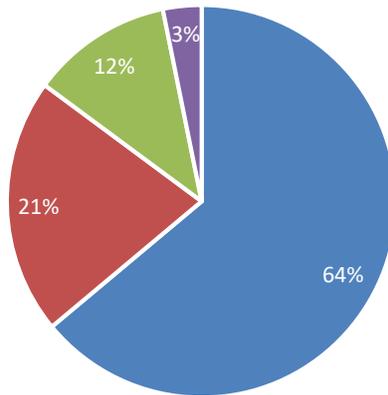
The financial statements of Canadian Association of Music Therapists for the year ended December 31, 2017 were reviewed by another firm of public accountants, which issued an unmodified conclusion on those statements on May 26, 2018.

Hogg, Shain & Scheck PC

Statement of Operations and Changes in Net Assets
Year Ended December 31, 2018
(Unaudited)

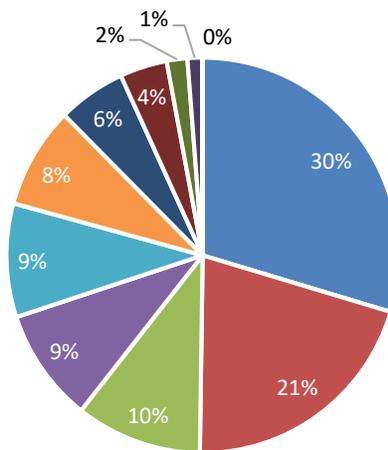
	2018	2017
REVENUES		
Music therapist accreditation fees	\$ 138,408	\$ 107,424
Conference fees	45,817	71,567
Dues and other membership fees	25,354	12,122
Library subscriptions and other	6,945	9,291
	<u>216,524</u>	<u>200,404</u>
EXPENSES		
Conference	73,847	74,186
Office administrator	51,782	48,156
Travel and meetings	26,066	22,448
Office	23,391	21,518
Professional fees	23,340	15,306
Printing and publishing	20,821	6,885
Translation services	14,046	12,788
Rent	9,884	9,618
Bursary	4,375	2,500
Amortization of capital assets and website	2,961	3,103
Public relations and marketing	116	29,524
	<u>250,629</u>	<u>246,032</u>
DEFICIENCY OF REVENUES OVER EXPENSES	(34,105)	(45,628)
NET ASSETS - BEGINNING OF YEAR	<u>173,528</u>	219,156
NET ASSETS - END OF YEAR	<u>\$ 139,423</u>	\$ 173,528

Revenue



- MTA Fees 64%
- Conference Fees 21%
- Non-MTA Membership Fees 12%
- Library subscriptions and other 3%

Expenses



- Conference 30%
- Office Administrator 21%
- Board travel and meetings 10%
- Office 9%
- Professional fees 9%
- Printing and publishing 8%
- Translation services 6%
- Rent 4%
- Bursary 2%
- Amortizations of capital assets and website 1%
- Public relations and marketing .04%