



Canadian Association of Music Therapists  
Associations canadienne des musicothérapeutes  
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## **CAMT ANNUAL REPORT 2016 - 2017**

### **Executive**

- 2016-17 has been another year of growth, change and progress towards the mission of CAMT.
- This year marked both the name change and the release of the updated CAMT definition of music therapy.
- The executive has been focused on the following items:
  - o Identifying and addressing the needs of current MTAs as our organization grows.
  - o Strengthening relationships with other organizations who share our mission
  - o Evaluating the effectiveness and longevity of our organizational structure
  - o Educating Canadians about the benefits of professional music therapy services
  - o Ensuring that all CAMT members have a voice within the organization
- CAMT is run by a volunteer Board of Directors and we would like to thank all of those involved for the endless hours of dedication they provide to make CAMT a member service organization.

### **Financial**

- We are happy to report that CAMT continues to be financially sound. 2016 was a very busy year financially and the Executive has worked very hard to move the Association forward to reflect the changes with the times. The main source of income for CAMT continues to be membership fees which make it possible to run the organization. The overall operation of the office is the biggest expense. This includes salaries, rent, publications and office supplies. A part time office assistant was hired to help with some of the daily operations of the organization allowing the Executive Assistant more time to focus on the bigger items like conference organization and name change process. Additionally, there were many new initiatives undertaken including a new Website rebuild and the beginning phase of a Public Relations and Communications strategy for CAMT. This past year also focused on professional translation of past and current CAMT documents by Aculingua (Sophie Boisvert).

### **Office**

- Pam Lansbergen continues to coordinate all day-to-day business at the head office in London, Ontario. Silvia Marroquin-Ponce left the part-time Office Assistant Role in July 2016 and Kendra Du Val began in this role in September 2016.

### **Website**

- The new website that was developed by Vordik under the advisement of a committee of current CAMT members, launched in February of 2017. The new website includes heightened functionality provide by Membee, a member management system. Members can now update their own information, change their password and

experience a smoother overall process on the site. We'd like to thank Texpertek Inc. for their work on the CAMT website from 2010 – 2017.

### **Operations**

- The role of operations is to support document finalization in all aspects of board work.
- A number of official documents have been updated this year, including the Continuing Education Handbook, the CAMT Awards nomination form, and the Job Descriptions handbook.
- A focus in the Operations domain this year has been researching, planning and piloting platforms for CAMT members to access online continuing education presentations.
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### **Professional Advocacy - including Government Regulations and Public Relations**

#### Publication Relations:

- A major accomplishment of 2016 was seeking out and securing the services of a professional PR firm. Since November 2016 the CAMT Advocacy Committee has worked closely with the PR Firm Lashbrook to launch a national awareness campaign.
- The social media committee continues to seek content that is appropriate for posting on CAMT's public social media platforms
- Cases of misrepresentation are addressed as educational opportunities by the CAMT PR Chair and/or the Ethics Chairs of the Provincial Associations. Letter templates as well as guidelines for use were drafted by legal counsel and distributed to these individuals
- CAMT's "Quick Media List" has been a helpful tool for connecting the media with appropriate MTAs when inquiries come in. Please forward your name, contact area and specialty to the CAMT office if you are interested in being included in this list.

#### Government Regulation

- CAMT continues to dialogue with provincial and national representatives involved in developments concerning government regulation. There has also been much effort to align the priorities of the CAMT with the shifting landscape for music therapy practice in Canada. We are working to continue to advocate, strengthen, and promote the MTA Credential as the standard for music therapy practice in Canada, and continue to connect with educators, clinical supervisors and key partners in navigating the changes brought about by regulation.

### **MTA Certification – including Education, Internship and Certification**

#### Certification

- CAMT has completed the transition to the exam-based certification process. MTA Certification resources were updated in February 2017 and are available on the CAMT website under "Internship and Certification."
- CAMT has certified 40 MTAs since the 2016 AGM.
- An MTA Certification process was established for individuals who completed music therapy training in Canada prior to 1990, before CAMT required completion of an

internship. These guidelines are available by contacting the Certification Chair at [certification@musictherapy.ca](mailto:certification@musictherapy.ca)

- In November 2016, a communication was sent via e-mail to CAMT members about language regarding the MTA credential and the MTA Certification process. The message in its entirety can be found on the CAMT website, under “2016 Communications.”

#### Internship

- There were 112 interns completing internships across Canada in 2016.
- The Internship Registry was updated in February 2017 and is available on the CAMT website under “Internship and Certification.”
- The Professional Supervision Committee continues to organize and develop resources for MTA Supervisors, including discussing ideas for Advanced Supervision and what Level 1 supervisors require for this type of training.
- In February of 2017 the CAMT Online Level One Supervisor Training Course became available in French as well as English.
- In 2016, 11 MTAs completed the online CAMT Level One supervision training course.

#### Education

- The Education Portfolio has been involved with the following items in the past year:
  - o Liaising with the Education Programs as they continue to develop and expand their clinical teaching through the inclusion of the internship within the programs
  - o Supporting several members and organizations who are seeking to expand educational opportunities for music therapists in Canada through modification of existing programs and/or interest in developing new programs and continuing education opportunities
  - o In collaboration with the rest of the certification team, supporting students at various stages of their professional development as they incorporate the recently changed credentialing process
  - o Supporting and facilitating the continuing development of the music therapy definition and scope of practice of the CAMT in partnership with the educators. This endeavour will continue at the 2017 Educators Forum this May in Vancouver.

#### Ethics

- The Ethics Co-Chairs provided support with a variety of questions and concerns from members this past year. A significant increase in the number of cases of potential misrepresentation of music therapy has been observed over the past few years. In response, CAMT Ethics obtained legal counsel to assist in the drafting of letter templates to address misrepresentation of the profession. Given the increased volume, it is not possible for the Ethics Chairs to address all of these matters. Misrepresentation is now overseen by the Public Relations and Advocacy portfolio at the CAMT level. All CAMT members have a duty to respond to cases of misrepresentation, and are encouraged to seek support from their provincial/regional associations who are able to guide the use of the letter templates.
- Business ethics and practices continue to be a significant topic for support/consultation, and unfortunately, sometimes, conflict. We are excited to establish the Professional Practice Committee under the leadership of Aimee Berends and Samantha Borgal. This committee is in the midst of exploring the

landscape of the non-clinical parts of our work. The purpose of this committee is to provide support and guidance to MTAs across the country with the important matter of making a living in this field in ways that honour the responsibilities to our Code of Ethics. Thank-you to Aimee, Samantha, and committee members for this important work.

- Significant time has been spent reviewing and revising Ethics Policies and Procedures, and subsequent information for members on these areas. Legal counsel has been obtained, and By-Law changes are in the works to update documents. Information will be provided to members about the processes once complete to clarify understanding of the process and the role of CAMT Ethics in resolving challenges.
- Ethics contributed to the establishment of a CAMT position statement related to the complex issue of Medical Assistance in Dying (MAID) legislation in Canada. Ethics is also providing support in the development of a CAMT document to support MTAs in navigating the landscape of increased music in healthcare work by non-music therapists.
- Last, but certainly not least, the Ethical Promotion of Music Therapy Committee, led by Noreen Donnell and Susan Summers, continue their important work. Members of the committee presented early findings at the CAMT Conference in Kitchener. As part of its work, the group solicited input for over a year from national and international music therapy organizations, other creative arts bodies, and educational institutions, and compiled their findings. They wanted to learn what, if any, guidelines others might have developed regarding the ethical promotion of our profession, with particular attention paid to new social media. The committee is in the final stages of its work to provide support to members in how to ethically promote the profession and practice of music therapy in Canada.
- As the torch will pass to a new Ethics Chair in 2017, the work of ensuring safe and effective music therapy practice in Canada will continue in each of these and other areas.

## **Professional Development - including Publications, Continuing Education and Conference**

### Continuing Education:

- A new CE Handbook will be released to the membership in April 2017. MTAs will follow this new handbook and policy commencing in the 2017 membership year. Thank you to Lara Robinson and Kiki Chang for their work on this revision.
- Congratulations to the following recipients of CE Bursaries from Spring and Fall of 2016  
Individual recipients:
  - o Jessica Ford
  - o Elizabeth Mitchell
  - o Christina Tadin
  - o Courtney Kjaldgaard
  - o Madeleine Bourdages
- Applications have been submitted for bursaries for Spring of 2017 and are currently under review.
- CAMT is trialing online platforms that can be used to provide our members with online continuing education opportunities.

## Publications:

### CJMT:

- New CJMT Editor, Sue Baines is excited with her new role. She continues the tradition of excellence of our journal, and will work to shepherd the journal to open access
- A subcommittee made up of the publications chair, Jennifer Lin and CJMT Past Editor, Nadine Cadesky continue to work on transition plans to make CJMT an open access publication.

### ENSEMBLE:

- The transition from outgoing editor Maryanne Rumancik to incoming editor Gloria Lipski took place in 2016
- The graphic design and translation of Ensemble is now being handled by professionals Minuteman Press North London and Aculigua (Sophie Boisvert) which has brought about a new quality in our clinical magazine
- Thank you to all those who handled these tasks as volunteers in the past!

## Conference:

- The Conference Committee has been hard at work for months preparing a high-quality professional conference for CAMT members at the Coast Plaza in Vancouver. Early planning began last summer with a small Steering Committee before a full Conference Committee was activated under the leadership of Pam Lansbergen, Lara Robinson and Emily Carruthers (conference chair and co-chairs).
- Conference 2018 will take place in St. John's, NL. Dates and venue to be announced at the AGM.

## **CAMT Board of Directors 2016 – 2017**

### **EXECUTIVE**

Adrienne Pringle – President  
Lara Robinson – Vice President  
Rose Power – Secretary/Treasurer

### **OFFICE**

Pam Lansbergen – Executive Assistant  
Kendra Du Val – Office Assistant

### **OPERATIONS**

Elizabeth Eldridge

### **ADVOCACY**

Jill Hedican – Government Regulation  
Sarah Condran – Public Relations

### **PROFESSIONAL DEVELOPMENT**

Elizabeth Francoeur – Continuing Education  
Jennifer Lin – Publications

### **MTA CERTIFICATION**

Kiki Chang – Certification  
Emily Finnigan – Internship  
Cynthia Vander Kooij - Education

### **ETHICS**

Karie Bilger  
Jeffrey Hatcher

## **Provincial Association Reports**

### **AAMT**

AAMT had a successful year with an increase in membership and attendance at our regional conference. This growth and commitment led to many exciting developments including the launch of the new AAMT website and the disbursement of bursaries for MTA's and students!

AAMT has approved the structuring of the board roles to coincide with the regional conference. This past October, two-year terms began for all board members. We also approved the role of Vice-President as the President-elect with the VP automatically transitioning into the President role.

As part of AAMT's on-going commitment to the student community, cost-effective options for involvement have been offered. Student bursaries were established to assist with educational costs and student membership fees were also restructured into a one-time fee to cover the length of the educational training program. Student representatives from Acadia University have been invited to AAMT meetings to share their updates and questions. AAMT also continues to offer the regional conference at Acadia to support the student population and involvement.

In 2016 we were pleased to have Lisa Summer as the keynote speaker at the regional conference. It was a wonderful day of presentations and meetings. AAMT re-structured the conference day to include the AGM during breakfast and a face-to-face board meeting during lunch. Having the opportunity to connect with members in person proves to be an effective means of establishing positive relationships and motivating each other to continue to grow and develop in this profession.

AAMT's strategic plan includes offering CE opportunities, peer support, workshops and events for students, interns, MTA's, and supervisors. With regional representatives in each of the Atlantic provinces AAMT is working hard to stay connected with each member and reach out to new potential members. In 2017 AAMT plans to offer an advanced supervision workshop and new opportunities for AAMT to be represented at related conferences. The up-coming regional conference on October 24th will feature Jennifer Buchanan as the keynote speaker!

AAMT thanks all board and committee members for their wonderful work and commitment to AAMT and the profession of music therapy!

Susan LeMessurier Quinn, MMT, MTA  
AAMT President

### **AQM**

AQM accomplished many things in 2016.

- We completed the updates to our policies and procedures
- We had our 7th bi-annual conference in October, *Pianissimo*, with a turnout of 30 members
- A new newsletter was introduced to facilitate communication with members, with positive feedback
- All promotional documents were updated and put in our members section, including our *Guide to hiring a music therapist*

- To encourage members to be more active in promoting music therapy, the Board decided to offer a budget to cover a portion of the costs of presenting at non music therapy conferences (eg. Autism forums, Palliative Care conferences, the federation of teachers, etc)
- We conducted an assessment of the minutes of the last 6 years, to showcase the work that has been done, and to guide our decisions and actions during the year ahead
- We will be beginning preparations for our 8<sup>th</sup> bi-annual conference, for October 2018

Tanya Lavoie, MMT, MTA  
AQM President

## **MTAO**

The MTAO has had a fantastic year, thanks to the work of all the board members and volunteers. We hosted two successful conferences, the Annual MTAO Conference, which was filled to capacity, and the Annual Student/Intern/Supervisor Conference. One of the board's goals for the year is to update our materials to accurately reflect the constructive changes that have been happening in recent years. In October 2016, we began the board manual updates and the bylaw updates are scheduled to begin later this year. In order to assess the effectiveness of the MTAO in meeting the needs of MTAO members in the various stages of their careers, we have created the Music Therapy Lifespan Document which will be implemented shortly. Another exciting project developing as a result of our goal to provide Music Therapist in Ontario with relevant and practical resources is our Membership Perks Program. We are connecting with local business who have an interest in music therapy and helping their communities and who are willing to provide discounts or special packages to MTAO members. This year we were able to provide two bursaries for the 2017 CAMT conference, one to a MTA-MTAO member and another to a student-MTAO member. Finally, the MTAO has increased its presence on social media via Facebook and Twitter with the amount followers more than doubling in the last year.

We continue to seek new volunteers to participate as board members, committee members, and regional representatives.

Julia Beth Kowaleski, BMT MTA NMT  
*President, MTAO*

## **MTAS**

The Music Therapy Association of Saskatchewan has had professionalism, public relations and self-care on the forefront this past year. We continue to be small in numbers but at the same time have continued growth in contracts and awareness within the province.

We have been connecting with a regulation committee headed by the Canadian Counseling and Psychotherapy Association (CCPA) as we look at the potential for moving ahead with regulation in our province. We have also been in the process of developing a new logo and website and have increased our presence on Facebook.

At our AGM and continuing education day in September, our focus was self-care. We had a vocal coach lead us through areas of mindfulness, breathing, resonance, articulators and vocal health. We also had a reflexologist show us some techniques for self care and do small treatments on a few lucky members. We concluded the day by sharing techniques, ideas and conversations with one another. It was a wonderful day of refreshing! To celebrate Music Therapy Awareness Month in March we continued with a self-care theme and shared an afternoon of our music. Music therapists performed music that was meaningful to them. It was a glorious afternoon of flute, bass clarinet, piano, singing, a German choir and instrumental improvisations! Funds raised were split between Music Heals and The Canadian Music Therapy Trust Fund.

Saskatchewan continues to have internship opportunities and many areas where contracts could be expanded and developed!

Looking forward to what this next year has ahead!

Melanie McDonald

MTAS President

## **MTAA**

The Music Therapy Association for Alberta (MTAA) has been busy during the 2016-17 year. We continue to live our vision:

- to promote excellence in music therapy practice, education, and development,
- to further the awareness of music therapy in Alberta, and
- to serve as an organizational agency for its members.

Support for Members: The MTAA held a Continuing Education Day in October 2016. This day featured workshops on guitar skills, imagery and music and an Indigenous drumming workshop, all with positive feedback from the attendees.

MTAA has also offered support to several members affected by ethical concerns and job losses. We have developed a committee entitled the Music Programs Relations Committee to look into relationships with other music programs facilities are implementing. We are committed to supporting all of our members, recognizing that they may have varied experiences and needs with regards to this topic. MTAA also created an Ethics Committee to increase our ability to offer ethics support.

Website: Two main updates have enhanced our website this year. We have accomplished posting MTA's information in our 'Find a Music Therapist' section on the website. This list is posted by city, and will enable the public to find a Certified Music Therapist in their area and reach out them directly.

Secondly, MTAA has posted a 'Suggested Rates' page on our website. The information on this page was compiled using a survey of MTA's private practice rates in AB. There is also information on union positions linking to Alberta Health Services website.

A regular stream of Job Referrals comes through the website. MTAA receives job referrals and relays them to MTA members.

Regulation: Representatives from MTAA continue to be involved with FACT-AB, as we work towards regulation in our province. Several members have been involved in various FACT-AB committees, which have led to an application being submitted to the Alberta Government in the fall. FACT-AB members continue to dialogue and meet with government staff regarding the progress of the application.

Next Steps: Our Annual General Meeting was recently held in February and Sheila Killoran was the newly elected President of MTAA. Several new board members have also joined the executive bringing us to a total of 9 representatives on the board.

The board recognizes that, in some areas, Music Therapy is still relatively unknown and is still quite a young profession in the province of Alberta. The board is seeking opportunities to further awareness of music therapy in Alberta through potential booths at conferences or presentations to key stakeholders. We look forward to our ongoing work and relationship with CAMT in support of music therapy.

Sheila Killoran MA, MTA, FAMI  
President for Music Therapy Association for Alberta

## **MTABC**

The 2016/2017 year has kept the MTABC Board busy with many great projects and initiatives to serve our 200+ member association. Our ventures included representing MTABC at the HSA Convention, the Music Therapy Ride, and the Music Heals Gala. We contributed to community discussions regarding the future of Post-Graduate Music Therapy Programs in BC, as well as the 40<sup>th</sup> anniversary celebration of Capilano University Music Therapy Program. This year also brought the opportunity to revisit MTABC's strategic planned goals, successfully completing a number of projects including an advocacy power point slide to which members could adapt to their own workplace and populations. This year, the MTABC board formalized a board position for Government Regulations, currently filled by Susan Summers, who is responsible for communication between FACTBC (Federation of Associations for Counselling Therapists in BC) and the MTABC board and membership. Our 9<sup>th</sup> annual MTABC Conference was held this past November with wonderful response from attendees – with a theme of “Defining Music Therapy” and the esteemed Dr. Jane Edwards as our keynote speaker. These are simply the highlights, our board and Brooke Angus, Administrative Assistant continue to work tirelessly to provide members with resources, continuing education opportunities, and support. We are grateful to have been surrounded by this team for the 2016/2017 year.

As mentioned in last year's annual summary, our Co-Presidency was a temporary transition as we worked on succession planning for the 2017/2018 year. Maryann will be stepping down from her MTABC duties completely to pursue other goals. Stepping into President is Katherine Deane (previously Director of External Relations), Vice President will be Lucy Thomas (previously Secretary), and Gemma will move into Past President. We're excited for the new year and very much looking forward to hosting the CAMT Conference this spring.

Gemma Isaac, MTA  
Maryann Burrows, MTA  
Co-Presidents, MTABC

**To the members of the Canadian Association for Music Therapy,**

We have reviewed the statement of financial position of Canadian Association for Music Therapy as at December 31, 2016 and the statements of operations, changes in net assets and cash flow for the year then ended. Our review was made in accordance with Canadian generally accepted standards for review engagements and, accordingly, consisted primarily of inquiry, analytical procedures and discussion related to information supplied to us by the association.

A review does not constitute an audit and, consequently, we do not express an audit opinion on these financial statements.

Based on our review, nothing has come to our attention that causes us to believe that these financial statements are not, in all material respects, in accordance with Canadian accounting standards for notfor-profit organizations.

**BDO Canada LLP**

**CHARTERED ACCOUNTANTS**

**St. John's, Newfoundland and Labrador**

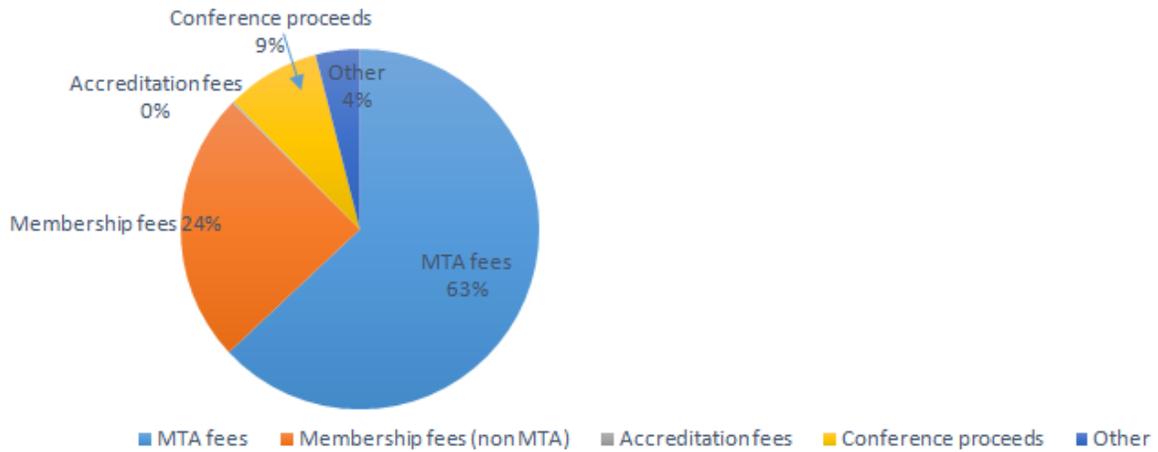
**Canadian Association of Music Therapists  
Statement of Revenue, Expenses and General Reserve  
Years Ended December 31, 2016**

(unaudited)

	<b>2016</b>	<b>2015</b>
<b>Revenue</b>		
MTA fees	\$ 72,885	\$ 80,300
Membership fees (non MTA)	25,063	25,915
Accreditation fees	(200)	3,400
Proceeds from conference	9,754	(19,675)
Sale of books, tapes and resources	348	98
Library subscription	3,190	1,584
Other	4,234	4,488
	<b>115,274</b>	<b>96,110</b>
<b>Expenses</b>		
Amortization	405	222
Amortization of intangible assets	2561	-
Bursaries	2,500	4,100
Bank charges and interest	1,723	1408
Conference and board meetings	8,990	3,913
Insurance	1,164	1,144
Office administrator	54,913	44,276
Office and sundry	15,320	4,709
Postage and courier	3,526	5,421
Printing and photocopies	10,160	5,202
Professional fees	5,405	1,502
Public relations and marketing	12,995	-
Rent	8,799	9,491
Telephone, fax and internet	4,039	4,064
Translation cost	10,254	11,744
Travel	13,751	16,343
	<b>156,505</b>	<b>113,539</b>
<b>(Deficiency) of Revenue over Expenses</b>	<b>\$ (41,231)</b>	<b>\$ (17,429)</b>
OTHER INCOME (Interest)	2,489	3,128
<b>DEFICIENCY OF REVENUE OVER EXPENSES</b>	<b>(38,742)</b>	<b>(14,301)</b>
General Reserve - beginning of year	<b>\$ 328,197</b>	<b>\$356,028</b>
DECREASE IN CASH FLOW	<b>(45,728)</b>	<b>(27,831)</b>
General Reserve - end of year/	<b>\$ 282,469</b>	<b>\$328,197</b>
<b>CASH CONSISTS OF</b>		
<b>CASH IN BANK</b>	<b>\$45,633</b>	<b>\$93,850</b>
<b>SHORT TERM INVESTMENTS</b>	<b>\$236,836</b>	<b>\$234,347</b>

( ) indicates deficiency/indique

## Revenue



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## Expenses

