



Canadian Association for Music Therapy/  
Association de musicothérapie du Canada  
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## **CAMT ANNUAL REPORT 2015 - 2016**

### **Executive**

- The executive has been focused on the following items:
  - Identifying and addressing the needs of current MTAs as our organization grows.
  - Strengthening relationships with other like-minded organizations
  - Contracting expert service providers to assist with the work of the organization including:
    - Sophie Boisvert, MTA – Professional Translator
    - Michele Satanove, MTA – English Journal Copywriter
    - Marie France Richard – French Journal Copywriter
    - Vordik – Web Design Company
    - Silvia Marroquin-Ponce – Office Assistant
  - Ensure that all CAMT members have a voice within the organization

### **Staff**

- Pam Lansbergen continues to coordinate all day-to-day business at the head office in London, Ontario. Silvia Marroquin-Ponce was brought on in April 2016 to fill the part-time role of Office Assistant.

### **Website**

- Along with an advisory committee of current and former board members, Pam has been working with Vordik, a web design company, to build a new site for CAMT. Current projections state the site will launch in mid-late May.

### **Operations**

- We have been working to update many of their official documents in order to ensure optimal functionality within the Board, and to improve the quality of documents utilized by members. This year, Operations finalized revisions to the following documents:
  - CAMT membership & membership categories forms
  - CAMT Advertising Guidelines
  - Nomination form for CAMT Awards
  - Job Descriptions Document for Board members
- Moving forward, Operations will continue to create, revise, and formalize policies as needed for use by the Board and members.

## **Professional Advocacy - including Government Regulations and Public Relations**

### Publication Relations:

- Answering media requests continues to be a large part of the PR role and we have created a quick list of MTAs interested in speaking with the media when requests come up.
- With a focus on social media, we have expanded the social media team to include Miya Adout – Social Media Content Coordinator and Sarah Bell – CAMT Tweeter, as well as CAMT PR Chair – Sarah Condran. Updating our Advertising and Social Media Guidelines has focused our efforts for representing MTAs in this space. By coordinating our efforts we were able to post items on our public facebook page everyday in March as well as running weekly contests. The page is now up to 1092 likes.
- This March saw the creation of a poster template for MTAs to use while running MT Month Events, MT Month being recognized by Health Canada, and a list of social media posts from 2015 compiled for MTAs to use at their convenience.
- The Advocacy Domain continues to address cases of misrepresentation as they come up and have been working on a set of templates that will help all MTAs address misrepresentation as they become aware of it.
- An Advocacy Committee has been struck and is working on new initiatives that will benefit all CAMT members. You will hear more about this on Sunday May 29<sup>th</sup>, 2016 at the conference.

### Government Regulation

- There have been many changes over the past year in regard to the impact of the government regulation of counselling and psychotherapy on the practice of music therapy in Canada. In Quebec, Ontario & Nova Scotia, many music therapists whose work falls within the scope of practice of psychotherapy or counselling are currently members of, or pursuing membership with regulatory Colleges. Many other provinces are actively engaged in lobbying the government, or forming coalitions with members of related professions also seeking the regulation of counselling and psychotherapy. Throughout this transition, the CAMT continues to dialogue with provincial and national representatives involved in developments concerning government regulation. There has also been much effort to align the priorities of the CAMT with the shifting landscape for music therapy practice in Canada. We are working to continue to advocate, strengthen, and promote the MTA as the standard for music therapy practice in Canada, and continue to connect with educators, clinical supervisors and key partners in navigating the changes brought about by regulation.

## **MTA Certification – including Education, Internship and Certification**

### **Certification**

- The exam-based certification process that was introduced in September 2014 continues to go well. In 2015 over 100 MTA's were certified; with 81 MTA's certified since the 2015 AGM. The former accreditation file system came to a close on April 30<sup>th</sup>, 2016.
- The CAMT intern evaluation form was updated in January 2016 and is available on the CAMT website. We continue to update certification resources, including a "Final Steps to MTA Certification" information sheet. The online supervisor training course opened in June 2015 and 23 MTAs have taken the course to date.

### **Internship**

- 123 internship proposals were reviewed and processed for 90 interns completing internships across Canada in 2015.
- The Internship Guidelines, Internship Registry, and Internship Proposal Form were all updated at the end of 2015 and are available on the CAMT website under "internship"
- Ontario MTA Supervisors who hold the designation Registered Psychotherapist are indicated in the Internship Registry with the credential RP next to their names.
- The Professional Supervision Committee continues to organize and develop resources for MTA Supervisors.

### **Education**

- The role of Education Chair was reinstated on the CAMT Board in November 2015. This position has been vacant for a period of time, and is presently evolving in keeping with the growth of our profession and the development of our training programs. The Education Chair will be the liaison for the educators, bridging the gap between the CAMT and each of the education programs, offering support and information as CAMT's credentialing and internship initiatives evolve. In partnership with the educators we will support the work on evolving our scope of practice. This role will give opportunity for interaction and development working with our partners in the capacity of Education Chair.

### **Ethics**

- Ethics education and consultations continue to be offered to individual members on a regular basis. Ethics continues to support members from across the country, as well as the CAMT Board on ethical decision making and risk management matters.
- The **Ethical Promotion of Music Therapy Committee** is a team of MTAs from across Canada working in consultation with a bio-ethicist to develop information and guidelines for members on this complex topic. The committee plans to present some of their initial findings about how MTAs should consider using clinical material for the purposes of education, public relations, and advertising, at the 2016 conference.
- Leadership for the **Professional Practice Committee** has been found, and a group of MTAs from across the country are being firmed up as members of this committee. The committee will look at the challenges faced by MTAs on the business and employment parts of their work. Once the most significant challenges in these areas are identified, the team will determine how CAMT can best support MTAs in this important area.
- The ethics formal complaints and disciplinary procedures are currently under review for update.

## Professional Development - including Publications, Continuing Education and Conference

### Continuing Education:

- A complete review of the Continuing Education Credit handbook has taken place this year. The Board of Directors will now review the proposed changes. Once the changes have been approved, the Continuing Education Policy will be updated to reflect the Handbook and all new documents will be made available to the membership.
- Congratulations to the following recipients of CE Bursaries from Fall 2015 and Spring 2016.

#### Group recipients:

- o MUHC MT group
- o Saskatchewan MT Association

#### Individual recipients:

- o Elizabeth Eldridge
- o Elizabeth Stolte
- o Courtney Kjaldgaard
- o Christina Tadin
- o Elizabeth Mitchell
- o Jessica Ford

### Publications:

#### CJMT:

With Nadine Cadesky as editor, CJMT has:

- Published Volume 21(1)
- Delivered digital content to **Répertoire International de Littérature Musicale (RILM)**; database still in development
- Gathered information from all editorial review board members; and had volunteer input their information into a database so it is easily accessed by editors and future editors.
- In the summer CAMT will seek a new editor for the 2017 issue.

#### Ensemble:

With Maryanne Rumancik as Editor, Ensemble Has:

- The Job Description and Handbook for Ensemble was updated to reflect the current practice.
- We changed the terms from "winter" and "summer" for each issue to "Issue 1" and "Issue 2"
- In order to encourage more members to write for Ensemble, we let go of assigning a theme for each issue. The contributions received were diverse and interesting
- A new column has been developed, called the "Green MTA." Interns have written about their experiences
- Recently we have been hearing from the pioneers in Canadian music therapy

- Ensemble Issue 2, 2016 will be the last issue that Maryanne will be editing. Gloria Lipski who has been "shadowing" Maryanne for the last year will be the incoming editor

Conference:

- The Conference Committee has been hard at work for months preparing a high-quality professional conference for CAMT members at the Kitchener Crowne Plaza in Kitchener-Waterloo. New this year, early planning began last summer with a small Steering Committee before a full Conference Committee was activated under the leadership of Pam Lansbergen and Lara Robinson (conference co-chairs).
- Conference 2017 will take place in Vancouver, BC. Dates and Venue to be announced at the AGM.

**CAMT Board of Directors 2015 – 2016**

**EXECUTIVE**

Adrienne Pringle – President  
Lara Robinson – Vice President  
Rose Power – Secretary/Treasurer

**PROFESSIONAL DEVELOPMENT**

Elizabeth Francoeur – Continuing Education  
Jennifer Lin – Publications

**STAFF**

Pam Lansbergen – Executive Assistant

**MTA CERTIFICATION**

Kiki Chang – Certification  
Emily Finnigan – Internship  
Cynthia Vander Kooij - Education

**OPERATIONS**

Elizabeth Eldridge

**ADVOCACY**

Jill Hedican – Government Regulation  
Sarah Condran – Public Relations

**ETHICS**

Karie Bilger  
Jeffrey Hatcher

**Provincial Association Reports**

**AAMT**

- AAMT experienced a year of learning and growth. We had members actively involved in National Music Therapy month with a special thank you to our PR committee, including provincial representatives who continue to assist in maintaining a connection with our members across the Atlantic provinces. 2015 saw a few AAMT Board members move onto other exciting endeavours and the addition of new members to our fantastic team. With the growing number of students at Acadia University, AAMT is increasing its connection with the student council inviting them to Board meetings, collaborating on regional conferences, and providing support as students transition into the community for internships. Financially, AAMT was able to purchase PR materials, maintain a Basecamp portfolio for board discussions and documents, enable members to represent AAMT at health care conferences, provide three continuing education bursaries, and implement a successful Regional Conference at Acadia University. The 2015 conference was very well attended by students, interns, and MTA's as we welcomed Nordoff-

Robbin's therapist Alison Hornblower. A very exciting year for Music Therapy in the Atlantic Region!

Susan LeMessurier Quinn, MMT, MTA  
President, AAMT

### **AQM**

AQM worked hard on many things in 2015.

- Completed translation of the public section of the website
- A section *Find a music therapist* was put in place on the website to help potential clients and employers find a music therapist more efficiently.
- Our new logo was added to many documents.
- We updated our policies and procedures, and they will be completed after the AGM.
- Sub-groups by client populations were created to facilitate exchange of information between members.
- The document *Music Therapist: A profession* was updated, as well the clinical factsheets.
- Our Facebook page is updated regularly and has a good number of views.
- An events calendar has been created to facilitate our participation, and to bring awareness about music therapy.
- In September 2015, 3 music therapists filed a request to have the title *Music Therapist* and the work of music therapists recognized in the education system and at the Union level. The request was not accepted.
- We are preparing our 7<sup>th</sup> conference, *Pianissimo*, from October 14<sup>th</sup>-16<sup>th</sup> 2016.

Tanya Lavoie, MMT, MTA  
AQM President

### **MTAO**

- It has been a busy year for the MTAO!
- This year, we hosted a number of successful events including: our annual conference and AGM, a Safe and Effective Use of Self (SEUS) workshop, our annual Student/Intern/Supervisor Conference, and a Music Therapy vs. Psychotherapy Panel discussion! We sent out a number of surveys to our membership and the feedback received will continue to inform us as we develop future continuing education and professional development opportunities. In addition to hosting events, we are exploring different options to generate income (excluding the collection of membership and event fees) to ensure that MTAO is financially sustainable for the near future. We will also be implementing strategies to foster interest and to encourage suitable candidates to take part in the organization as a Board/committee member and/or volunteer, even when there is not yet a vacant position. We are pleased to have new regional groups and representatives join us, and will continue to encourage our members to organize workshops, support groups and/or meet-ups for the music therapy community in their geographic area. Finally, we are working on up-ing our social media presence and to ensure that our website content is up-to-date and user-friendly.

Nancy Leung,  
MTAO President

## **MTAM**

- This past year has been a busy year for MTAM members. We've been busy updating our website and getting connected through social media via Twitter and Facebook. Our theme this year was all about drumming. We offered a professional development opportunity to our members about drum circle facilitation which was well received. We then raffled off a beautiful hand carved african djembe at our annual fundraising event and all proceeds this year went towards offering level two supervision training to our members which will take place this fall. We have also started to prepare for the possibility of legislation here in Manitoba and are learning as much as possible about the entire process so we can keep membership informed. Another great year for MTAM!

Jaclyn Sorenson  
MTAM President

## **MTAS**

- The Music Therapy Association of Saskatchewan met in September for our Annual General Meeting and continuing education event. For our continuing education event we hosted Art Therapist Karen Wallace who did a workshop on using creative therapies to assist those dealing with trauma and anxiety. Thank you to the CAMT Education Bursary for providing funds for this event!
- We are still a small but strong group of therapists here in the prairies and there continues to be opportunities for internships and music therapy work. Currently we have an opening in Regina for full-time community contract based work and in Saskatoon we are looking for coverage for a part-time maternity leave in Palliative Care. Please contact [mtas@musictherapy.ca](mailto:mtas@musictherapy.ca) if you are interested in one of these opportunities.

Melanie McDonald  
President, MTAS

## **MTAA**

- The Music Therapy Association for Alberta (MTAA) continues to have a strong presence in AB and currently has 45 members. There are 9 MTAA members who are serving on the board from across the province. In May 2015, MTAA was proud to support the 2015 CAMT Conference in Calgary. MTAA was a platinum sponsor for the event and supplied business cards and guitar picks for the delegate bags. Members also volunteered at the conference and staffed an information booth in the exhibit hall.
- In July, Christina Wedman assumed the position of president. Many thanks to Andrew Ichikawa for serving as president of MTAA since 2011. In October, MTAA held it's annual Continuing Education Day in Red Deer. Sessions included; drumming techniques

for persons with dementia, a ukulele workshop, and yoga for the voice. MTAA also recently held it's Annual General Meeting in February with host sites in Calgary and Edmonton. The AGM was conducted online so that members from other communities could join in as well.

- In the fall, MTAA was approached to be a part of a regulation committee headed by the Canadian Counseling and Psychotherapy Association (CCPA). As a result, MTAA is represented at meeting and is working with 12 other associations towards provincial regulation. This group has recently been named FACT AB: [www.fact-alberta.org](http://www.fact-alberta.org) Sub-committees have formed to work on specific tasks and there are 4 MTAA members populating these committees.

## MTABC

- It is with great pleasure to announce that this year, MTABC is moving forward with not only one, but two Presidents! Gemma Isaac and Maryann Burrows will be Co-Presidents for 2016-2017 as a temporary transition towards the succession for a President Elect who will become President in 2017.
- MTABC acknowledges the work of our exiting board and committee members, including **Shannon Clark** (Secretary), **Sally McKague** (Co-External Relations Director), **Eva Wong** (Membership Chair), **Stephen Williams** (MTABC Conference Co-Chair), **Shannon Nesbitt** (Drumbeat Publisher) and **Nejama Ferstman** (Islands Regional Representative). Thank you for your service!! We welcome to the new board and committees **Lucy Cross** (Secretary), **Caitlin Smith** (Membership Chair) and **Oona Jean** (Islands Regional Representative). Furthermore a Government Regulations new board position has been created and we welcome **Susan Summers** into the new role. The success of the association is possible because of the incredible volunteer work from all board and committee persons from our community stepping up and offering their service. We are so grateful!
- This September, the MTABC board will be revisiting our strategic plan with consultant Lori Baxter with a major focus on succession planning, advocacy, and member services. This process was very helpful in focusing our direction and initiatives in the past, and is an exciting step in continuing to grow and develop as a professional association. We will continue to offer our members all of the great things we have provided in the past, including continuing education workshops, annual conference, advocacy and awareness, external relations, profession support and more. MTABC is also delighted to be participating in the discussions and development of a Masters of Music Therapy Program in BC. Maryann is very much looking forward to representing MTABC at the CAMT conference this May in Kitchener, Ontario.

Gemma Isaac & Maryann Burrows  
Co-Presidents, MTABC



**Canadian Association for Music Therapy/ L'Association de musicothérapie du Canada**  
**Statement of Revenue, Expenses and General Reserve/Relevé de revenu, dépenses et réserve**  
**générale**

**Years Ended December 31, 2015/ L'année finit decembre 31, 2015**

**(unaudited/non-verifié)**

	<b>2015</b>	<b>2014</b>
<b>Revenue/ Revenu</b>		
MTA fees/ Frais d'MTA	90,807	79,001
Membership fees (non MTA)/ Frais d'adhésion	25,915	25,676
Accreditation fees/ Frais d'accréditation	3,400	6,575
Proceeds from conference/ Produits de congrès	-	14,594
Sale of books, tapes and resources/ Vente des livres, les bandes et les ressources	98	-
Library subscription/ Souscription pour institution	1,584	1,148
Other /Autre	4,488	7,594
	<b>126,292</b>	<b>134,588</b>

**Expenses/ Dépenses**

Amortization/ Amortissement	222	308
Bursaries/prix	4,100	3,700
Bank charges and interest/ Frais de banque et intérêt	1,407	751
Conference and board meetings/ Congrès et réunions du Conseil	3,913	4,880
Honorariums/ Honoraires	-	-
Insurance/assurance	1,144	1,677
Office and sundry/ Bureau et articles divers	58,476	56,348
Postage and courier/ Affranchissement et courrier	5,421	3,601

Printing and photocopies/ Imprimés et photocopies	5,202	14,625
Professional fees/ Frais professionnels	1,502	8,232
Telephone, fax and internet/ Téléphone, télécopie et internet	4,064	4,613
Translation cost/ Coût de traduction	11,744	6,868
Travel / Voyage	16,343	8,054
	<b>113,538</b>	<b>113,657</b>

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<b>NET INCOME FOR THE YEAR</b>	<b><u>\$ 12,754</u></b>	<b><u>20,931</u></b>
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<b>Other Income (interest)</b>	<b>3,128</b>	<b>2,778</b>
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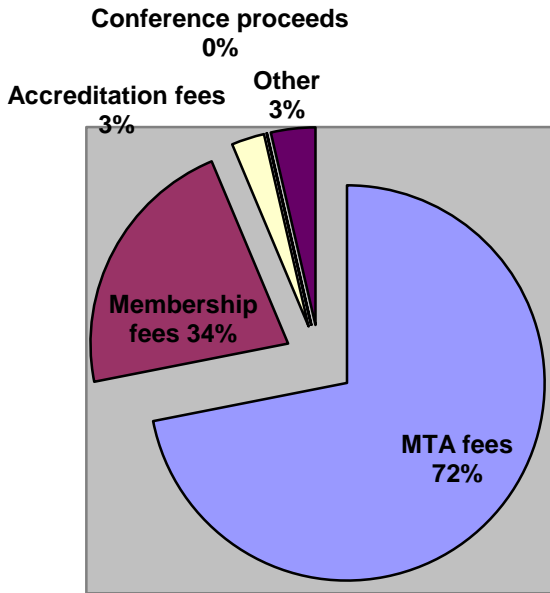
RETAINED EARNINGS – BEGINNING OF YEAR	<b><u>\$272,199</u></b>	<b><u>248,490</u></b>
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<b>RETAINED EARNINGS – END OF YEAR</b>	<b><u>\$ 288,081</u></b>	<b><u>272,199</u></b>
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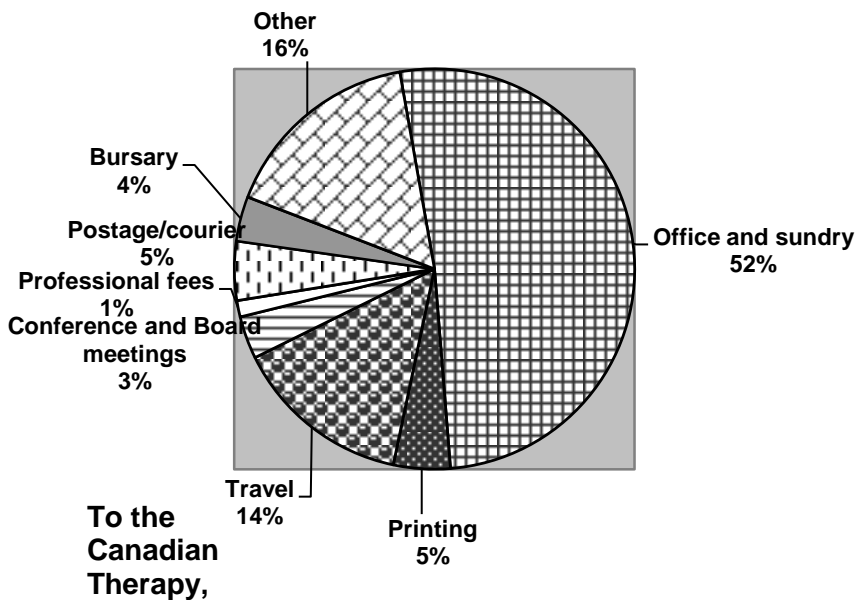
***BDO Canada LLP***  
**CHARTERED ACCOUNTANTS**

# Revenue



- MTA fees
- non MTA
- Accreditation fees
- Conference proceeds
- Other

# Expenses



- Office and sundry
- Printing
- Travel
- Conference and Board meetings
- Professional fees
- Postage/courier
- Bursary
- Other Members of Association for Music

To the Canadian Therapy,

**To the members of the Canadian Association for Music Therapy,**

We have reviewed the statement of financial position of Canadian Association for Music Therapy as at December 31, 2015 and the statements of operations, changes in net assets and cash flow for the year then ended. Our review was made in accordance with Canadian generally accepted standards for review engagements and, accordingly, consisted primarily of inquiry, analytical procedures and discussion related to information supplied to us by the association.

A review does not constitute an audit and, consequently, we do not express an audit opinion on these financial statements. Based on our review, nothing has come to our attention that causes us to believe that these financial statements are not, in all material respects, in accordance with Canadian accounting standards for notfor-profit organizations.

***BDO Canada LLP***

***CHARTERED ACCOUNTANTS***

St. John's, Newfoundland and Labrador